



## What is a Parish Nurse?

A parish nurse is a specially trained registered nurse who is called to ministry and affirmed by a faith community to promote health, healing and wholeness among its members.

Recognizing the interconnectedness of body, mind and spirit, parish nurses promote wellness through health education, advocacy, spiritual support and linking the needs of those they serve to resources in the greater community, health care system and their community of faith.

Parish nurse ministry is designed to involve individuals of all ages, families and congregations as active partners in their personal health.

**Parish Nursing activities** may include:

- Health fairs; Pandemic planning
- Blood pressure clinics
- Nutrition and exercise programs
- Supporting the hospitalized, home-bound, and parishioners transitioning to Long Term Care
- Assisting families facing illness, loss, grief and bereavement
- Support of babies and new moms

\* Parish nurses do not provide hands on nursing care such as dressing changes, medications or personal care.



## FOUNDATIONS IN PARISH NURSING

*Bringing the healing love of Christ to those we serve*

For more information about  
**Foundations in Parish Nursing**  
or for registration information,  
go to [www.spicf.ca](http://www.spicf.ca)

or contact  
Michelle O'Rourke RN MA  
Program Coordinator  
[morourke@rcec.london.on.ca](mailto:morourke@rcec.london.on.ca)  
1-866-483-2160 x 7000261

Deadline for applications  
**MAY 31, 2010**

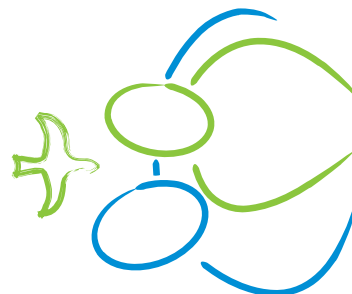
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**St. Joseph's Health Care Society**  
*Promoting the ministry of health and healing*



For more info about parish nursing  
visit the CAPNM website at  
[www.capnm.ca](http://www.capnm.ca)



**AN ECUMENICAL FORMATION PROGRAM FOR REGISTERED NURSES**  
presented through St. Peter's Institute of Catholic Formation (affiliated with St. Peter's Seminary)

# FOUNDATIONS IN PARISH NURSING

*Bringing the healing love of Christ to those we serve*

**July 9 – 16, 2010**

Holy Family  
Retreat House  
Oxley, Ontario

## Are you...

...a registered nurse committed to the wholistic concept of health care, including the spiritual dimension of healing and health?

...interested in both educational and personal growth?

...interested in learning more about this exciting new field of Parish Nursing?

**If you have answered YES to any of these the Foundations in Parish Nursing Program might be just what you are looking for!**

## Our Program

An ecumenical educational and personal growth experience for registered nurses. It is designed to introduce fundamental concepts of the practice of parish nursing which has its basis in the Christian faith, and seeks health promotion with a preventative focus. The course is open to any Registered Nurse who is interested in integrating spirituality, health and wholeness into their nursing practice. This program meets the criteria of the Canadian Association for Parish Nursing Ministry (CAPNM) Standards of Practice and Core Competencies.

## Course Objectives

- To introduce participants to the foundations, tools and practical knowledge necessary to begin a parish nursing ministry.
- To gain biblical, theological, historical and ethical perspectives on health-care issues.
- To identify the physical, mental, emotional, social and spiritual dimensions of personhood.
- To acquire a basic understanding of leadership skills in pastoral and spiritual care, integrating nursing skills with spirituality and pastoral skills as a form of ministry.
- To recognize the parish nurse's role in assisting clients to achieve wellness while modeling self-care.
- To develop a support system and relationships with other spiritually centered nurses in order to sustain parish nursing practice and individual spiritual growth.

Our program is designed to foster a learning community as participants work through three distinct stages of study:

### 1. Preparatory Home Study:

*A period of time reading, writing and dialoguing prior to the summer residency.*

### 2. Summer Residency:

*An eight day intensive program at beautiful Holy Family Retreat House on Lake Erie.*

### 3. Post-residency Follow-up:

*Includes a reflection paper with opportunities for ongoing support and professional development.*

**Program cost: \$1350.00**

includes all course materials, accommodations, and food

## Summer Residency Program

July 9-16, 2010

A variety of presentations and workshops led by experienced parish nurses, professors, pastors and others. It will include opportunities to build a network of friendships and support as well as time for personal and communal prayer and reflection.

Topics covered will include:

- *Introduction to parish nursing*
- *Concepts of spiritual nursing practice*
- *Teaching and counseling roles*
- *Scriptural foundations of whole-person health care*
- *Wellness and illness prevention*
- *Spiritual and congregational needs assessment*
- *Legal issues*
- *Culture and diversity*
- *Bereavement support*

Among the many distinguished faculty who will facilitate in 2010, we are pleased to welcome Fr. Mark Miller C.Ss.R.



### ABOUT FR. MARK MILLER, C.Ss.R.

After 16 years as a clinical bioethicist at St. Paul's Hospital in Saskatoon, Fr. Mark has become the provincial of the English-speaking Redemptorists of Canada, residing in Toronto. He continues part-time at the Centre for Clinical Ethics and has been a big supporter of parish nursing all his career.