

Resources on the Eucharist

Videos:

The following videos may be borrowed by parish staff in the Archdiocese of Toronto. Please contact the Office of Formation for Discipleship to check availability. (416-934-3400 ext. 523)

Become One Body One Spirit in Christ. Interactive DVD. ICEL, 2010.

Five foundational essays by experts in sacramental theology and liturgy provide the themes and pathways of this resource, which uses video, text, graphics and music to help the user enrich their understanding and deepen their appreciation of the Eucharist. Filmed in churches and cathedrals in the USA, Ireland, England, Scotland, Australia, New Zealand, Canada, South Africa and India and with commentary from translators, scholars, liturgists and pastors, this resource highlights the biblical imagery that pervades the liturgical texts of the Roman Missal. Designed as a catechetical resource for a range of audiences including bishops, priests, deacons and other ministers, catechists and educators, parish communities, faith formation groups, families – for the whole Catholic community. Pathways 3, 4, and 5 will be especially useful for developing an appreciation of the mystery and richness of the Eucharist.

Catholic Update Guide to Changes in the Mass: Deepen, Nurture, Celebrate. St. Anthony Messenger Press in Association with USCCB Communications, 2010.

Developed in association with the United States Conference of Catholic Bishops, Fr. Greg Friedman, OFM, offers a pastor's take on the changes in the Roman Missal, Third Edition. Reflections explore the liturgy in general, the reasons for the new translation, and many of the revised texts.

The Celebration of Eucharist for the 21st Century. Ottawa: CCCB Publications, 2012.

A DVD prepared by the National Liturgy Office of the Canadian Conference of Catholic Bishops, which presents foundational ideas behind the Mass and gives guidance to those who want to celebrate it with the noble simplicity that the Church teaches is to be at the heart of our entire liturgy. This resource presents the description of these ancient rites and words in a lively and welcoming manner, showing that these ancient rites and words still feed our faith, lead us into a deeper relationship with Christ and help us to pray to God. The

celebration of the Mass is shown in small segments and is designed for workshop, discussion groups, and individual reflection.

Eucharist: the source and summit. Oblate Media and Communication Corp. 2005

This video presents a comprehensive investigation of the Eucharist in three parts: Part One, *We Pray*, explores Eucharistic Adoration, its practice and meaning. Part Two, *We Participate*, looks at the Eucharist in the Mass, how we gather, share the story, the sacrifice and the meal. We learn about the doxology and transubstantiation. Part 3, *We Practice*, explores how Catholic Christians share the gift of the Eucharist with others through good works. The comments of members of various faith communities are joined by experts including: Fr. Brendan Moss, OSB, Sr. Cathy Doherty, SSND, and Fr. Ron Rolheiser, OMI, to present an exploration of Eucharist. This video was produced prior to the implementation of the revised translation.

Feast of Faith: the transforming power of the Eucharist. A four-part adult faith program on the Eucharist. Marcellino D'Ambrosio. West Chester, PA: Ascension Press, 2004.

A four-part adult faith formation series, offering reflections on the nature of the Holy Eucharist—the “source and summit” of the Catholic faith. Part one, *Sacrifice*, discusses how the Mass is a true sacrifice, the “re-presentation” of Jesus’ sacrifice on the Cross. In part two, *Real Presence*, the uniqueness of Jesus’ presence in the Eucharist is contrasted with the other ways He is present in the world. Our need to be properly prepared to receive Jesus in the Eucharist is discussed in part three, *Preparation*—we need to have more faith, more appetite, more repentance, and more forgiveness. Finally, part four, *Adoration*, offers practical ways we can grow in our devotion to the Holy Eucharist. This video was produced prior to the implementation of the revised translation.

The Last Supper. Produced by Mirkam Productions. Distributed by Vision Video, Worcester, PA.

Filmed and dramatized entirely on authentic locations of the Holy Land and the Middle East, this elaborate and extensive film focuses on the Last Supper. Jesus met with his twelve disciples in the “upper room” in Jerusalem, where they shared that historic meal. It was the traditional Jewish Passover “Seder” meal, which to this day symbolizes the deliverance from slavery to freedom and is commemorated for the last supper the ancient Hebrews shared before leaving Egypt, on their long journey to the Promised Land. The Last Supper emphasizes both its Christian tradition and Jewish roots.

The Sacrament of Eucharist: past and present. Kathleen Chesto. Mystic, CT: Twenty-Third Publications, 2007.

Kathleen Chesto leads viewers through the development and history of the Eucharist, starting from biblical times to post-Vatican II. Chesto uses language that is comprehensible and clear. Guide materials and the video presentation present Catholic adults with a better understanding of the valuable place of this sacrament in their lives today. This video was produced prior to the implementation of the revised translation.

This Is My Body: experiencing the power of the Mass. St. Albans, UK: Catholic Evangelisation Services, 2006.

A video resource designed to inform, inspire and raise prayerful discussion about the great gift of the Mass. It includes a filmed meditation on the Mass, which is narrated by David Payne (Director of CaFE) based on the book "This is my Body" by the late Fr. Ian Petit, OSB. Also included in the set is a selection of talks from various speakers covering different aspects of the Eucharist. These can be used in a variety of ways such as CaFE groups, a choice of talks for a Lent or Advent course, parish missions, for use in RCIA or in schools. This video was produced prior to the implementation of the revised translation.