



# Advent Retreat

Before beginning Advent with your parish, take some time to prepare yourself for this beautiful season.

While the rest of the world is inundating us with Christmas at every turn, we have to find time to disengage from the business and take care of our own spiritual needs.

Observing Advent well is both challenging and spiritually rewarding. Enter into the quiet of St. John's Convent, where we will be welcomed by the Sisters of St. John the Divine. Lunch will be eaten in prayerful silence, as is the practice of this community of sisters. Fr. Edwin will provide us with an opportunity to reflect on the meaning of Advent and to take time to set out of time.

**RETREAT LEADER:**

Fr. Edwin Gonsalves,  
Rector, St. Augustine's Seminary

**WHEN:**

Thursday, November 21, 2019

**WHERE:**

St. John Convent Guest Centre (Anglican)  
233 Cummer Avenue, Toronto

**TIME:**

10:00 a.m. to 2:30 p.m.

**COST:**

\$35 per person  
(includes lunch and refreshments)

**REGISTER ONLINE AT:**

<http://bit.ly/LPAAdventRetreatNov21>

*Please note that there is no access to the building before 9:30 a.m. as the sisters are in morning prayer. This location is accessible by TTC and free parking is available onsite.*

For more information, please contact  
Beverly O'Grady at 416-934-3400, ext. 508  
or [bogrady@archtoronto.org](mailto:bogrady@archtoronto.org)



Archdiocese  
of Toronto

Office of Formation for Discipleship