



# Girl Talk



*St. Bernadette's parish* is hosting a  
**Mother and Daughter Tea & Presentation**



For girls in Grades 6 to 8 and  
their Moms (or guardians,  
aunts...)

**Saturday, May 10, 2025 from  
9:30 am — 2 pm**

at **St. Bernadette Church Hall**  
21 Bayly Street East, Ajax

**Cost: \$15.00 per family** (covers cost of food, drinks and a book)

## ***Mothers, not sure what to tell your daughters?***

Join us for a faith-filled look at what it means to be a girl growing into womanhood in today's society. Girls will be guided through engaging videos and activities geared to understand God's wonderful gift of our bodies.



*What girls have said after attending a 'Girl Talk' workshop, "Girl Talk was a great experience. I got to learn lots and meet new girls. The food was great but the interactive activities were epic. I'm glad I attended!" Diana*

*"I thought that it was an amazing way for me and my mom to spend some time together because we are always running around. So it was an amazing time." Aisha*

*Middle school students are in an often confusing time of quest and discovery, especially with issues concerning their bodies, their sexuality, and their future. There are countless sources—from the media, to peers, to the Internet—ready to provide answers. From Theology of the Body Middle School Edition*

**To Register or if you have questions contact:**

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Susan at [susangkennedy@gmail.com](mailto:susangkennedy@gmail.com) (905) 427—6137

*Sponsored by the Theology of the Body Ministry.*