



YOUNG ADULTS

NEW YEAR RESET:

A BUSY PERSON'S RETREAT

18 - 40 YEARS

JANUARY
20

MARCH
03

Join us for a 6-week retreat geared towards young adults (18 - 40 years)! This is an opportunity to start 2025 in hope, renewal, and joy, not on your own but with community.

As part of this 6-week retreat, you will be paired up with a spiritual director who will meet with you 3 times and help you go deeper in your spiritual life in a way that is meaningful for you. You have the option of meeting either in-person or virtually.

COST - \$30

The first gathering will be held on Monday, January 20th in the evening at Loretto College, 70 St. Mary Street, Toronto (Time TBD), where you will meet your spiritual director and determine your meeting dates and frequency.

The final gathering will be held on Monday, March 3rd.



Register here:

<https://forms.gle/eZcpRAvJDVA7nrDE8>
by January 10, 2025

For more information, contact:

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