



Learn what to expect in the early stages of motherhood

Embrace MOTHERHOOD

A WORKSHOP FOR EXPECTANT MOMS
MOMS WHO RECENTLY BAPTIZED THEIR CHILD
OR MOMS WHO HAVE YOUNG CHILDREN



DATE: SATURDAY JUNE 14, 2025 (Child care available)

LOCATION: SAINTS PETER & PAUL PARISH

4070 Central Pkwy E, Mississauga, ON L4Z 1T6

TIME: 9:30AM - 12:00PM

REGISTRATION IS FREE: includes morning coffee, snacks and **PRIZES**

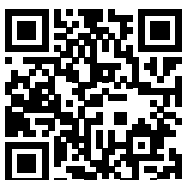
I love my
Catholic Moms Group
LOVE. LAUGHTER. MOMENTS OF GRACE



WORKSHOP FACILITATOR: CLARIZZA BALUYUT

Clarizza is a Catholic wife and mother of two, with baby #3 on the way! She is a school teacher and entrepreneur. She is involved in ministries at Sts. Peter and Paul Parish including leading the evening Catholic Moms Group with Savita and Sandra. The parish also has a day time Moms & Tots Group run by other team members.

♥ enjoy a good cup of coffee ♥ meet like minded moms ♥ get inspired ♥ learn about the five phases of motherhood ♥ pray together ♥ identify the changes motherhood brings ♥ strategies to deal with your growing family ♥ learn new prayers specifically for mothers ♥ make new friends ♥ have fun



REGISTER HERE: <https://forms.gle/4kXhsRM3kyfhhqoZ8>