



Archdiocese  
of Toronto

Catholic Pastoral Centre  
1155 Yonge Street  
Toronto, Ontario M4T 1W2  
T 416.934.0606  
www.archtoronto.org

**FOR IMMEDIATE RELEASE  
MEDIA ADVISORY:**

## **Toronto Catholics prepare hearts**

### **225 churches open doors for Day of Confessions**

TORONTO (December 10, 2013) For disgraced public figures, an uncomfortable televised confession is a prerequisite for image rehabilitation. Confession will be a far more private event for thousands of Catholics in our region tomorrow.

The Archdiocese of Toronto is holding a Day of Confessions on **Wednesday, December 11**. At most of the archdiocese's 225 parishes, a priest will be available to hear the confessions of Catholic parishioners, honouring one of the most important sacraments of their faith.

Traditionally, Catholics frequent Confession during the liturgical season of Advent to prepare for the celebration of Christmas. Pope Francis recently made headlines by revealing that he goes to Confession every two weeks.

To answer the question "Why go to confession?", the Archdiocese has prepared short videos with five Catholics from different walks of life. The Archdiocese of Toronto can facilitate interviews with these individuals, as well as coordinate an interview with a local priest and a visit to a confessional.

The videos, along with other helpful resources like a how-to guide in eight languages and Frequently Asked Questions, can be found at the new Day of Confessions website: [www.archtoronto.org/confession](http://www.archtoronto.org/confession). The website also includes times and locations for participating parishes throughout the Archdiocese. Some churches have scheduled over 12 hours to give people a chance to drop by.

**Note: In order to respect the sacred nature of this event, any media outlets wishing to attend one of these sessions must arrange a visit with the contact people below.**

The Archdiocese of Toronto is Canada's largest diocese, stretching from Toronto north to Georgian Bay and from Oshawa to Mississauga. It is home to 1.9 million Catholics and 225 churches, with Mass celebrated in more than 30 languages each week.

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#### **Media Contact:**

Neil MacCarthy – Director, Public Relations & Communications, Archdiocese of Toronto  
(416) 934-3400 x 552 [neilm@archtoronto.org](mailto:neilm@archtoronto.org)

Kris Dmytrenko – Communications Coordinator, Archdiocese of Toronto  
(416) 934-3400 x 282 [kdmytrenko@archtoronto.org](mailto:kdmytrenko@archtoronto.org)