

St. Benedict Catholic Moms Group invites you to a

MOTHER-DAUGHTER ADVENT RETREAT

(for daughters in High School/University)

LIVING OUR FAITH IN THE WORLD



Saturday, December 6, 2025

9:30am - 12:30pm

St. Benedict Parish, 2194 Kipling Ave,
Etobicoke, ON M9W 4K9

Church Hall, north side entrance doors



Guest Speaker: Mrs. Teresa Hartnett

Hosting Members:

Rita Mastrogiovanni & Bernadette
Aman, Catholic Moms Group Leaders

\$25.00 per person

e-transfer to:

bernadette.aman@gmail.com

Enjoy a good cup of coffee, inspiring
talks, lots of great discussions,
fun and prizes.

Teresa's book is a great Christmas Gift
for any Mother or Daughter.

Come out to Renew your Faith!

www.CatholicMomsGroup.com



ABOUT TERESA HARTNETT



Teresa Harnett (M.R.E.) is Director of Family Ministry for the Diocese of Hamilton for over 20 years. She has her Masters in Religious Education from St. Augustine's Seminary/University of Toronto, a degree in Kinesiology from McMaster University, a Bachelor of Education from Brock University, and is certified in a number of family, counselling, marriage and relationship programs. She is also the author of "Nighttime Devotional for Teen Girls", a book designed to assist teens navigate life using their faith as a foundational tool. She believes her most important role is her family as wife of Joe, mother to her four children and being a grandmother.

A G E N D A



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| 9:30 – 9:45 | Welcome Breakfast, Prayer |
| 9:45 – 10:15 | Rosary |
| 10:15 – 11:15 | Living Hope in the Jubilee Year and Beyond |
| 11:15 – 11:30 | Break |
| 11:30 – 12:30 | Living Our Faith in the World Whether as a Mother or a Daughter. |

Cost: \$25 per person, e-transfer to: bernadette.aman@gmail.com

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COME OUT TO RENEW YOUR FAITH!