

invitation to discern

AM I CALLED TO BE A MISSIONARY?

mission

re:gen Chastity travels across the Archdiocese of Toronto and beyond, to share the urgent and life-giving message of authentic love and chastity to grades 7-12 students in schools and parishes.



re:gen Campus serves as part of a chaplaincy team on campuses; we encounter and accompany post-secondary students, sharing our faith with a spirit of evangelization.



**share the
message**



**raise
support**

**build
community**

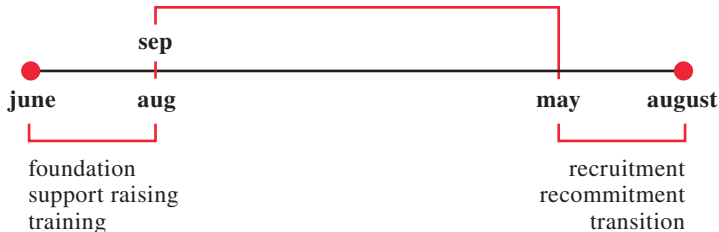


**grow
with Christ**

commit

We welcome Catholic young adults who are passionate, dedicated and open to committing 15 months to mission work, from June to August of the following year for one of our two missions.

public ministry • community life • donor cultivation



A re:gen missionary does not merely take a job, but makes a total commitment to both his/her spiritual and personal growth, as well as that of the mission team. He/she commits to being an authentic witness to the person of Jesus Christ and shares that encounter with others by being grounded in deep prayer, love, and humility.

reflect



What are my gifts and talents?
How is God calling me to use them?



What do I hope to achieve or become
when I join the re:gen mission?



What are my fears and worries
about joining the re:gen mission?



In consultation with my spiritual director,
is God calling me to be a re:gen missionary?



Read “11 Steps for Making a Decision
Following the Ignatian Method” article
from www.ignatianspirituality.com

pray

Jesus, I feel within me a great desire to please You but, at the same time, I feel totally incapable of doing this without Your special light and help, which I can expect only from You. Accomplish Your will within me — even in spite of me.

“PRAYER FOR LIGHT & HELP” BY ST. CLAUDE DE COLUMBIERE, SJ

**the most
beautiful
and stirring
adventure that
can happen to you
is the personal
meeting with Jesus,
who is the only
one who gives real
meaning to our lives.**

POPE ST. JOHN PAUL II

discern

When discerning between two goods, ask yourself which alternative is more conducive (i.e. discerning between a job or mission work, discerning between two vocations, etc.). Ultimately, the decision made should lead to the following:

AM I
LOVING
GOD?



AM I
LOVING
MYSELF?



AM I
LOVING MY
NEIGHBOUR?



DECISION LED BY LOVE

1. LOVE OF GOD

Does it lead to greater service, love,
knowledge and praise of God?

Does it lead to a deeper personal relationship
and communion with God?

Is it a concrete response to
a previously discerned call from God?

2. LOVE OF SELF

Does it lead me to greater participation in God's eternal life and joy and help me to become more like Christ – living more in, with and through Him?

Does it lead me to greater spiritual growth and perfection in the virtues?

Does it lead me to greater exercise and growth in a previously discerned charism?

Is it more compatible with my legitimate needs and limitations?

3. LOVE OF NEIGHBOUR & BUILDING THE KINGDOM OF GOD

Does it promote the greater common good and meet a greater need in society or the church?

Does it lead others to greater spiritual growth and perfection in the virtues?

Does it help others to be more empowered, affirmed and respected?

Is it a greater opportunity to bear fruit that will last?

Is it a concrete response to a previously discerned call from God?

Father, not my will but Yours be done.

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