

Lectio Divina

with **Cardinal Thomas Collins**



Join us on Sundays at St. Michael's Cathedral Basilica

65 Bond Street, Toronto ON

Music by the Cathedral Vespers Choir: 6:45 p.m.

Vespers (evening prayer): 7 p.m.

Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2019-2020:

Men & Women of the Old Testament

We learn about God from the stories of how people encounter God, and make him present in their life. During Lectio Divina this year, we will prayerfully meditate on passages about men and women in the Old Testament who illustrate the human condition, with its temptations to sin, and its opportunity for the grace of repentance and salvation.

December 1, 2019
Joseph and his brothers
Genesis 37:1-28



Vespers – First Sunday of Advent

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

1. Creator of the stars of night,
Your people's everlasting light,
Jesus Redeemer, save us all,
And hear your servants when they call.

2. Now grieving that the ancient curse
Should doom to death a universe,
You heal all those who need your grace
To save and heal a ruined race.

3. At whose great name, majestic now,
All knees must bend, all hearts must bow;
All things in heaven and earth adore,
And own thee King for evermore,

4. To God the Father, God the Son,
And God the Spirit, Three in One,
Praise, honour, might, and glory be
From age to age eternally.

PSALMODY C = CANTOR A = ALL

Antiphon 1 Rejoice, daugh-**ter** of Zion; shout for joy, daughter of Jerusalem, **alleluia**.

Psalm 110:1-5, 7

C: The Lord's revelation to my Master:
"Sit **on** my right:
your foes I will put be-**neath** your feet."

A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.

C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.

A: The Lord has sworn an oath he will not change.
"You are a **priest** for ever,
a priest like Melchize-**dek** of old."

C: The Master standing **at** your right hand
will shatter kings in the day of **his** great wrath.

A: He shall drink from the stream **by** the wayside
and therefore he shall lift **up** his head.

C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Antiphon 1 (repeated by all) Rejoice, daugh-**ter** of Zion; shout for joy, daughter of Jerusalem, **alleluia**.

Antiphon 2 Christ our King will **come to us**, the Lamb of God fore-**told** by John.

Psalm 114

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| C: When Israel came forth from Egypt ,
Jacob's sons from an alien people, | C: Tremble, O earth, before the Lord ,
in the presence of the God of Jacob, |
| A: Judah became the Lord's temple ,
Israel be- came his kingdom. | A: who turns the rock into a pool
and flint into a spring of water. |
| C: The sea fled at the sight :
the Jordan turned back on its course, | C: Glory to the Father and to the Son
and to the Holy Spirit, |
| A: the mountains leapt like rams
and the hills like yearl -ing sheep. | A: as it was in the be- ginning ,
is now and will be fore- ver . Amen. |
| C: Why was it, sea, that you fled ,
that you turned back, Jordan, on your course? | |
| A: Mountains, that you leapt like rams ,
hills, like yearl -ing sheep? | |

Antiphon 2 (repeated by all) Christ our King will **come to us**, the Lamb of God fore-**told** by John.

Antiphon 3 I am coming soon, says the Lord; I will give to everyone the reward his deeds deserve.

Canticle: See Revelation 19:1-7

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| Alleluia.
Salvation, glory, and power to our God:
R/ Alleluia.
his judgments are honest and true.
R/ Alleluia, alleluia. | Alleluia.
The wedding feast of the Lamb has begun,
R/ Alleluia.
and his bride is prepared to welcome him.
R/ Alleluia, alleluia. |
| Alleluia.
Sing praise to our God, all you his servants,
R/ Alleluia.
all who worship him reverently, great and small.
R/ Alleluia, alleluia. | Glory to the Father, and to the Son,
and to the Holy Spirit:
R/ Alleluia.
as it was in the beginning, is now,
and will be for ever. Amen.
R/ Alleluia, alleluia. |
| Alleluia.
The Lord our all-powerful God is King,
R/ Alleluia.
let us rejoice, sing praise, and give him glory.
R/ Alleluia, alleluia. | |

Antiphon 3 (repeated by all) I am coming soon, says the Lord; I will give to everyone the reward his deeds deserve.

READING – Philippians 4:4-5

Rejoice in the Lord always! I say it again. Rejoice!
Everyone should see how unselfish you are.
The Lord is near.

RESPONSORY

Lord, show us your mercy and love.
R/ Lord, show us your mercy and love.
And grant us your salvation,
R/ your mercy and love.
Glory to the Father and to the Son and to the Holy Spirit.
R/ Lord, show us your mercy and love.

CANTICLE OF MARY - SUNG BY THE CHOIR

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
And his mercy is on them that fear him throughout all generations.
He hath shewed strength with his arm.
He hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat
and hath exalted the humble and meek.
He hath filled the hungry with good things.
And the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel
as he promised to our forefathers Abraham, and his seed forever.
Glory be to the Father and to the Son and to the Holy Ghost.
As it was in the beginning, is now and ever shall be, world without end. Amen.

INTERCESSIONS

Cardinal: To Jesus Christ, our Redeemer, the way, the truth, and the life, let us make
our humble prayer: Come and stay with us, Lord.

R/ Come and stay with us, Lord

Reader: Son of the Most High, your coming was announced to the Virgin Mary by Gabriel,
come and rule over your people for ever.

R/ Come and stay with us, Lord

Reader: Holy One of God, in your presence John the Baptist leapt in Elizabeth's womb, bring the joy of salvation to all the earth.
R/ Come and stay with us, Lord

Reader: Jesus the Saviour, the angel revealed your name to Joseph the just man, come and save your people from their sins.
R/ Come and stay with us, Lord

Reader: Light of the world, for whom Simeon and all the just waited, come and comfort us.
R/ Come and stay with us, Lord

Reader: O Rising Sun that never sets, Zechariah foretold that you would visit us from above, come and shine on those who dwell in darkness and the shadow of death.
R/ Come and stay with us, Lord

THE LORD'S PRAYER

CONCLUDING PRAYER

Cardinal: Grant your faithful, we pray, almighty God,
the resolve to run forth to meet your Christ
with righteous deeds at his coming,
so that gathered at his right hand,
they may be worthy to possess the heavenly kingdom.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **R/Amen.**

PONTIFICAL BLESSING

Cardinal: The Lord be with you.
R/ And with your spirit.

Cardinal: Blessed be the Name of the Lord
R/ Now and forever

Cardinal: Our help is in the Name of the Lord
R/ Who made heaven and earth

SALVE REGINA

Salve, Regina, Mater misericordiae, vita, dulcedo, et spes nostra, salve.
Ad te clamamus exsules filii Hevæ, Ad te suspiramus, gementes et frentes in hac lacrimarum valle.
Eia, ergo, advocata nostra, illos tuoi misericordes oculos ad nos converte;
Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Genesis 37:1-28

Jacob dwelt in the land of his father's sojournings, in the land of Canaan. This is the history of the family of Jacob.

Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a lad with the sons of Bilhah and Zilpah, his father's wives; and Joseph brought an ill report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Now Joseph had a dream, and when he told it to his brothers they only hated him the more. He said to them, "Hear this dream which I have dreamed: behold, we were binding sheaves in the field, and lo, my sheaf arose and stood upright; and behold, your sheaves gathered round it, and bowed down to my sheaf." His brothers said to him, "Are you indeed to reign over us? Or are you indeed to have dominion over us?" So they hated him yet more for his dreams and for his words. Then he dreamed another dream, and told it to his brothers, and said, "Behold, I have dreamed another dream; and behold, the sun, the moon, and eleven stars were bowing down to me." But when he told it to his father and to his brothers, his father rebuked him, and said to him, "What is this dream that you have dreamed? Shall I and your mother and your brothers indeed come to bow ourselves to the ground before you?" And his brothers were jealous of him, but his father kept the saying in mind.

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." And he said to him, "Here I am." So he said to him, "Go now, see if it is well with your brothers, and with the flock; and bring me word again." So he sent him from the valley of Hebron, and he came to Shechem. And a man found him wandering in the fields; and the man asked him, "What are you seeking?" "I am seeking my brothers," he said, "tell me, I pray you, where they are pasturing the flock." And the man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers, and found them at Dothan. They saw him afar off, and before he came near to them they conspired against him to kill him. They said to one another, "Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild beast has devoured him, and we shall see what will become of his dreams." But when Reuben heard it, he delivered him out of their hands, saying, "Let us not take his life." And Reuben said to them, "Shed no blood; cast him into this pit here in the wilderness, but lay no hand upon him"—that he might rescue him out of their hand, to restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and cast him into a pit. The pit was empty, there was no water in it.

Then they sat down to eat; and looking up they saw a caravan of Ish'maelites coming from Gilead, with their camels bearing gum, balm, and myrrh, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we slay our brother and conceal his blood? Come, let us sell him to the Ish'maelites, and let not our hand be upon him, for he is our brother, our own flesh." And his brothers heeded him. Then Mid'ianite traders passed by; and they drew Joseph up and lifted him out of the pit, and sold him to the Ish'maelites for twenty shekels of silver; and they took Joseph to Egypt.

Dates for 2019-2020 Lectio Divina Series

January 5, 2020

Moses

Exodus 2:11-3:14

February 2, 2020

Naomi and Ruth

Ruth 1:1-22

March 1, 2020

The Call of Samuel

I Samuel 3:1-21

April 5, 2020

David, Bathsheba, and Uriah

II Samuel 11:1-27

May 3, 2020

Elijah

I Kings 19:1-18


June 7, 2020

Jonah's Mission to Nineveh

Jonah 3 and 4



CAN'T ATTEND IN PERSON?

- Watch the livestream at www.stmichaelscathedral.com/live
- Join us via web conferencing at a local parish!  Details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV! See broadcast schedule at www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at www.archtoronto.org/lectio



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