

Lectio Divina

with **Cardinal Thomas Collins**



Join us on Sundays at St. Michael's Cathedral Basilica

65 Bond Street, Toronto ON

Music by the Cathedral Vespers Choir: 6:45 p.m.

Vespers (evening prayer): 7 p.m.

Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2019-2020:

Men & Women of the Old Testament

We learn about God from the stories of how people encounter God, and make him present in their life. During Lectio Divina this year, we will prayerfully meditate on passages about men and women in the Old Testament who illustrate the human condition, with its temptations to sin, and its opportunity for the grace of repentance and salvation.

January 5, 2020

Moses

Exodus 2:11-3:14



SUNDAY VESPERS - EPIPHANY OF THE LORD

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

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|---|--|
| 1. As with gladness men of old,
Did the guiding star behold,
As with joy they hailed its light,
Leading onwards, beaming bright,
So, most gracious God, may we
Evermore be led to thee. | 3. Holy Jesus, every day
Keep us in the narrow way;
And, when earthly things are past,
Bring our ransomed souls at last
Where they need no star to guide,
Where no clouds thy glory hide. |
| 2. As they offered gifts most rare
At that manger rude and bare,
So may we with holy joy,
Pure, and free from sin's alloy,
All our costliest treasures bring,
Christ, to thee our heavenly king. | 4. In the heavenly country bright
Need they no created light;
Thou its light, its joy, its crown,
Thou its sun which goes not down:
Therefore ever may we sing
Alleluias to our King. |

PSALMODY C = CANTOR A = ALL

Ant. 1 He comes in splendour, the King who **is** our peace; he is supreme over all the kings **of** the earth.

Psalm 110:1-5, 7

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|---|--|
| C: The Lord's revelation to my Master:
"Sit on my right:
your foes I will put be- neath your feet." | C: The Master standing at your right hand
will shatter kings in the day of his great wrath. |
| A: The Lord will wield from Zion
your scep- ter of power:
rule in the midst of all your foes. | A: He shall drink from the stream by the wayside
and therefore he shall lift up his head. |
| C: A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you. | C: Glory to the Father and to the Son
and to the Holy Spirit, |
| A: The Lord has sworn an oath he will not
change.
"You are a priest for ever,
a priest like Melchize- dek of old." | A: as it was in the beginning,
is now and will be fore- ver . Amen. |

Ant. 1 (repeated by all) He comes in splendour, the King who **is** our peace; he is supreme over all the kings **of** the earth.

Ant. 2 A light has shone through the darkness for the upright of **heart**; the Lord is gracious, merci-**ful** and just.

Psalm 112

C: Happy the man who fears the **Lord**,
who takes delight in **his** commands.
His sons will be powerful on **earth**;
the children of the up-**right** are blessed.

A: Riches and wealth are in his **house**;
his justice stands **firm** for ever
He is a light in the darkness for the **upright**:
he is generous, merci-**ful** and just.

C: The good man takes pity and **lends**,
he conducts his af-**fairs** with honor.
The just man will never **waver**:
he will be remem-**bered** for ever.

A: He has no fear of evil **news**;
with a firm heart he trusts **in** the Lord.
With a steadfast heart he will not **fear**;
he will see the downfall **of** his foes.

C: Open-handed, he gives to the poor;
his justice stands firm for **ever**.
His head will be **raised** in glory.

A: The wicked man sees and is angry,
grinds his teeth and fades a-**way**;
the desire of the wicked **leads** to doom.

C: Glory to the Father and to the **Son**
and to the **Holy** Spirit,

A: as it was in the be-**ginning**,
is now and will be fore-**ver**. Amen.

Ant. 2 (repeated by all) A light has shone through the darkness for the upright of **heart**; the Lord is gracious, merci-**ful** and just.

Ant. 3 All the people, whom you have made, will come and worship before you, Lord.

Canticle: See Revelation 19:1-7

Alleluia.
Salvation, glory, and power to our God:
R/ Alleluia.
his judgments are honest and true.
R/ Alleluia, alleluia.

Alleluia.
Sing praise to our God, all you his servants,
R/ Alleluia.
all who worship him reverently, great and small.
R/ Alleluia, alleluia.

Alleluia.
The Lord our all-powerful God is King,
R/ Alleluia.
let us rejoice, sing praise, and give him glory.
R/ Alleluia, alleluia.

Alleluia.
The wedding feast of the Lamb has begun,
R/ Alleluia.
and his bride is prepared to welcome him.
R/ Alleluia, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:
R/ Alleluia.
as it was in the beginning, is now,
and will be for ever. Amen.
R/ Alleluia, alleluia.

Ant. 3 (repeated by all) All the people, whom you have made, will come and worship before you, Lord.

READING – Titus 3:4-5

When the kindness and love of God our Saviour appeared, he saved us; not because of any righteous deeds we had done, but because of his mercy. He saved us through the baptism of new birth and renewal by the Holy Spirit.

RESPONSORY

All peoples will be blessed in him, men and women of every race.

R/ All peoples will be blessed in him, men and women of every race.

All nations will acclaim his glory,

R/ Men and women of every race.

Glory to the Father and to the Son and to the Holy Spirit.

R/ All peoples will be blessed in him, men and women of every race.

CANTICLE OF MARY

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
And his mercy is on them that fear him throughout all generations.
He hath shewed strength with his arm.
He hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat
and hath exalted the humble and meek.
He hath filled the hungry with good things.
And the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel
as he promised to our forefathers Abraham, and his seed forever.
Glory be to the Father and to the Son and to the Holy Ghost.
As it was in the beginning, is now and ever shall be, world without end. Amen.

INTERCESSIONS

Cardinal: On this day our Saviour was adored by the Magi. Let us also worship, him with joy as we pray to him: Save the poor, O Lord.

R/ Save the poor, O Lord.

Reader: King of the nations, you called the Magi to adore you as the first representatives of the nations, give us a willing spirit of adoration and service. **R/ Save the poor, O Lord.**

Reader: King of glory, you judge your people with justice, grant mankind an abundant measure of peace. **R/ Save the poor, O Lord.**

Reader: King of ages, you endure from age to age, send your word as fresh spring rain falling on our hearts. **R/ Save the poor, O Lord.**

Reader: King of justice, you desire to free the poor who have no advocate, be compassionate to the suffering and the afflicted. **R/ Save the poor, O Lord.**

Reader: Lord, your name is blessed for all ages, show the wonders of your saving power to our deceased brothers and sisters. **R/ Save the poor, O Lord.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: May the splendour of your majesty, O Lord, we pray,
shed its light upon our hearts,
that we may pass through the shadows of this world
and reach the brightness of our eternal home.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.

R/ And with your spirit.

Cardinal: Blessed be the Name of the Lord

R/ Now and forever

Cardinal: Our help is in the Name of the Lord

R/ Who made heaven and earth

Cardinal: And may Almighty God bless you...

SALVE REGINA

Salve, Regina, Mater misericordiæ, vita, dulcedo, et spes nostra, salve.
Ad te clamamus exsules filii Hevæ,
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.
Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte;
Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Exodus 2:11-3:14

One day, when Moses had grown up, he went out to his people and looked on their burdens; and he saw an Egyptian beating a Hebrew, one of his people. He looked this way and that, and seeing no one he killed the Egyptian and hid him in the sand. When he went out the next day, behold, two Hebrews were struggling together; and he said to the man that did the wrong, "Why do you strike your fellow?" He answered, "Who made you a prince and a judge over us? Do you mean to kill me as you killed the Egyptian?" Then Moses was afraid, and thought, "Surely the thing is known." When Pharaoh heard of it, he sought to kill Moses.

But Moses fled from Pharaoh, and stayed in the land of Mid'ian; and he sat down by a well. Now the priest of Mid'ian had seven daughters; and they came and drew water, and filled the troughs to water their father's flock. The shepherds came and drove them away; but Moses stood up and helped them, and watered their flock. When they came to their father Reu'el, he said, "How is it that you have come so soon today?" They said, "An Egyptian delivered us out of the hand of the shepherds, and even drew water for us and watered the flock." He said to his daughters, "And where is he? Why have you left the man? Call him, that he may eat bread." And Moses was content to dwell with the man, and he gave Moses his daughter Zippo'rah. She bore a son, and he called his name Gershom; for he said, "I have been a sojourner in a foreign land."

In the course of those many days the king of Egypt died. And the people of Israel groaned under their bondage, and cried out for help, and their cry under bondage came up to God. And God heard their groaning, and God remembered his covenant with Abraham, with Isaac, and with Jacob. And God saw the people of Israel, and God knew their condition.

Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Mid'ian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush; and he looked, and lo, the bush was burning, yet it was not consumed. And Moses said, "I will turn aside and see this great sight, why the bush is not burnt." When the LORD saw that he turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here am I." Then he said, "Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground." And he said, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters; I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Per'izzites, the Hivites, and the Jeb'usites. And now, behold, the cry of the people of Israel has come to me, and I have seen the oppression with which the Egyptians oppress them. Come, I will send you to Pharaoh that you may bring forth my people, the sons of Israel, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the sons of Israel out of Egypt?" He said, "But I will be with you; and this shall be the sign for you, that I have sent you: when you have brought forth the people out of Egypt, you shall serve God upon this mountain."

Then Moses said to God, "If I come to the people of Israel and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." And he said, "Say this to the people of Israel, 'I AM has sent me to you.'"

Dates for 2019-2020 Lectio Divina Series

February 2, 2020

Naomi and Ruth

Ruth 1:1-22

March 1, 2020

The Call of Samuel

I Samuel 3:1-21

April 5, 2020

David, Bathsheba, and Uriah

II Samuel 11:1-27

May 3, 2020

Elijah

I Kings 19:1-18


June 7, 2020

Jonah's Mission to Nineveh

Jonah 3 and 4



CAN'T ATTEND IN PERSON?

- Watch the livestream at www.stmichaelscathedral.com/live
- Join us via web conferencing at a local parish!  Details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV! See broadcast schedule at www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at www.archtoronto.org/lectio



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