

Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at
St. Michael's Cathedral Basilica**

65 Bond Street, Toronto ON

Vespers (evening prayer): 7 p.m.

Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



THEME FOR 2019-2020:

Men & Women of the Old Testament

We learn about God from the stories of how people encounter God, and make him present in their life. During Lectio Divina this year, we will prayerfully meditate on passages about men and women in the Old Testament who illustrate the human condition, with its temptations to sin, and its opportunity for the grace of repentance and salvation.

June 7, 2020

Jonah's Mission to Nineveh

Jonah 3 and 4



SUNDAY VESPERS – SOLEMNITY OF THE MOST HOLY TRINITY

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

1. O Trinity of blessed light,
O unity of princely might,
The fiery sun now goes his way;
Shed thou within our hearts thy ray.
2. To thee our morning song of praise,
To thee our evening prayer we raise;
Thy glory suppliant we adore
For ever and for evermore.
3. All laud to God the Father be;
All praise eternal Son, to thee;
All glory, as is ever meet,
To God the Holy Paraclete.

PSALMODY C = CANTOR A = ALL

Ant. 1 O Trinity, most high, eternal and true: Father, Son and Holy Spirit.

Psalm 110:1-5, 7

C: The Lord's revelation to my Master:
"Sit **on** my right:
your foes I will put be-**neath** your feet."

A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.

C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.

A: The Lord has sworn an oath he will not
change.
"You are a **priest** for ever,
a priest like Melchize-**dek** of old."

C: The Master standing at **your** right hand
will shatter kings in the day of **his** great wrath.

A: He shall drink from the stream **by** the wayside
and therefore he shall lift **up** his head.

C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 1 (repeated by all) O Trinity, most high, eternal and true: Father, Son and Holy Spirit.

Ant. 2 Save us, set us free and give us life, O blessed Trinity.

Psalm 114

- | | |
|---|---|
| C: When Israel came forth from Egypt ,
Jacob's sons from an a-lien people , | A: Mountains, that you leapt like rams ,
hills, like yearling sheep ? |
| A: Judah became the Lord's temple ,
Israel be- came his kingdom . | C: Tremble, O earth, before the Lord ,
in the presence of the God of Jacob , |
| C: The sea fled at the sight :
the Jordan turned back on its course , | A: who turns the rock into a pool
and flint into a spring of water . |
| A: the mountains leapt like rams
and the hills like yearling sheep . | C: Glory to the Father and to the Son
and to the Holy Spirit , |
| C: Why was it, sea, that you fled ,
that you turned back, Jordan, on your course ? | A: as it was in the beginning,
is now and will be fore- ver . Amen. |

Ant. 2 (repeated by all) Save us, set us free and give us life, O blessed Trinity.

Ant. 3 Holy, holy, holy Lord, God of power and might, the God who is, who was, and who is to come.

Canticle: See Revelation 19:1-7

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| Alleluia.
Salvation, glory, and power to our God:
R/ Alleluia.
his judgments are honest and true.
R/ Alleluia, alleluia. | Alleluia.
The wedding feast of the Lamb has begun,
R/ Alleluia.
and his bride is prepared to welcome him.
R/ Alleluia, alleluia. |
| Alleluia.
Sing praise to our God, all you his servants,
R/ Alleluia.
all who worship him reverently, great and small.
R/ Alleluia, alleluia. | Glory to the Father, and to the Son,
and to the Holy Spirit:
R/ Alleluia.
as it was in the beginning, is now,
and will be for ever. Amen.
R/ Alleluia, alleluia. |
| Alleluia.
The Lord our all-powerful God is King,
R/ Alleluia.
let us rejoice, sing praise, and give him glory.
R/ Alleluia, alleluia. | |

Ant. 3 (repeated by all) Holy, holy, holy Lord, God of power and might, the God who is, who was, and who is to come.

READING – Ephesians 4:3-6

Make every effort to preserve the unity which has the Spirit as its origin and peace as its binding force. There is but one body and one Spirit, just as there is but one hope given all of you by your call. There is one Lord, one faith, one baptism; one God and Father of all, who is over all, and works through all, and is in all.

RESPONSORY

Let us worship the Father, the Son, and the Holy Spirit; let us praise God for ever.

R/ Let us worship the Father, the Son, and the Holy Spirit; let us praise God for ever.

To God alone be honour and glory,

R/ let us praise God for ever.

Glory to the Father and to the Son and to the Holy Spirit.

R/ Let us worship the Father, the Son, and the Holy Spirit; let us praise God for ever.

CANTICLE OF MARY

Ant. With our whole heart and voice we acclaim you, O God; we offer you our praise and worship, unbegotten Father, only-begotten Son, Holy Spirit, constant friend and guide; most holy and undivided Trinity, to you be glory for ever.

C: My + soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.

A: From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

C: He has mercy on those who fear him
in every generation.

A: He has shown the strength of his arm,
he has scattered the proud in their conceit.

C: He has cast down the mighty from their thrones,
and has lifted up the lowly.

A: He has filled the hungry with good things,
and the rich he has sent away empty.

C: He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.

A: Glory to the Father, and to the Son,
and to the Holy Spirit:

C: as it was in the beginning, is now,
and will be for ever. Amen.

Ant. With our whole heart and voice we acclaim you, O God; we offer you our praise and worship, unbegotten Father, only-begotten Son, Holy Spirit, constant friend and guide; most holy and undivided Trinity, to you be glory for ever.

INTERCESSIONS

Cardinal: The Father through the Holy Spirit has given life to the humanity of Christ his Son, and has made him a source of life for us; let us raise our voices in praise to the triune God:

R/ Glory to the Father, and to the Son and to the Holy Spirit.

Reader: Father, almighty and eternal God, send the Holy Spirit upon your Church in your Son's name, preserve it in the unity of charity and in the fullness of truth. **R/ Glory to the Father, and to the Son and to the Holy Spirit.**

Reader: Send laborers into your harvest, Lord, to teach the truth to all nations, and to baptize them in the name of the Father, and of the Son and of the Holy Spirit, and to confirm their faith. **R/ Glory to the Father, and to the Son and to the Holy Spirit.**

Reader: Father, send help to all who suffer persecution in the name of your Son, for he promised to send the Spirit of Truth to answer for them. **R/ Glory to the Father, and to the Son and to the Holy Spirit.**

Reader: Father, omnipotent, may all men come to acknowledge you, together with the Word and the Holy Spirit, as the one true God, may they believe in you, hope in you, love you. **R/ Glory to the Father, and to the Son and to the Holy Spirit.**

Reader: Father of all the living, bring the dead to share in your glory, the glory of your eternal reign with your Son and the Holy Spirit. **R/ Glory to the Father, and to the Son and to the Holy Spirit.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: Father,
you sent your Word to bring us truth
and your Spirit to make us holy.
Through them we come to know the mystery of your life.
Help us to worship you, one God in three Persons,
by proclaiming and living our faith in you.
Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.
R/ And with your spirit.
Cardinal: Blessed be the Name of the Lord
R/ Now and forever
Cardinal: Our help is in the Name of the Lord
R/ Who made heaven and earth
Cardinal: And may Almighty God bless you...

SALVE REGINA

Salve, Regina, Mater misericordiæ, vita, dulcedo, et spes nostra, salve.
Ad te clamamus exsules filii Hevæ,
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.
Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte;
Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Jonah's Mission to Nineveh

Jonah 3 and 4

Then the word of the LORD came to Jonah the second time, saying, “Arise, go to Nin’evéh, that great city, and proclaim to it the message that I tell you.” So Jonah arose and went to Nin’evéh, according to the word of the LORD. Now Nin’evéh was an exceedingly great city, three days' journey in breadth. Jonah began to go into the city, going a day's journey. And he cried, “Yet forty days, and Nin’evéh shall be overthrown!” And the people of Nin’evéh believed God; they proclaimed a fast, and put on sackcloth, from the greatest of them to the least of them.

Then tidings reached the king of Nin’evéh, and he arose from his throne, removed his robe, and covered himself with sackcloth, and sat in ashes. And he made proclamation and published through Nin’evéh, “By the decree of the king and his nobles: Let neither man nor beast, herd nor flock, taste anything; let them not feed, or drink water, but let man and beast be covered with sackcloth, and let them cry mightily to God; yea, let every one turn from his evil way and from the violence which is in his hands. Who knows, God may yet repent and turn from his fierce anger, so that we perish not?”

When God saw what they did, how they turned from their evil way, God repented of the evil which he had said he would do to them; and he did not do it.

But it displeased Jonah exceedingly, and he was angry. And he prayed to the LORD and said, “I pray thee, LORD, is not this what I said when I was yet in my country? That is why I made haste to flee to Tarshish; for I knew that thou art a gracious God and merciful, slow to anger, and abounding in steadfast love, and repentest of evil. Therefore now, O LORD, take my life from me, I beseech thee, for it is better for me to die than to live.” And the LORD said, “Do you do well to be angry?” Then Jonah went out of the city and sat to the east of the city, and made a booth for himself there. He sat under it in the shade, till he should see what would become of the city.

And the LORD God appointed a plant, and made it come up over Jonah, that it might be a shade over his head, to save him from his discomfort. So Jonah was exceedingly glad because of the plant. But when dawn came up the next day, God appointed a worm which attacked the plant, so that it withered. When the sun rose, God appointed a sultry east wind, and the sun beat upon the head of Jonah so that he was faint; and he asked that he might die, and said, “It is better for me to die than to live.” But God said to Jonah, “Do you do well to be angry for the plant?” And he said, “I do well to be angry, angry enough to die.” And the LORD said, “You pity the plant, for which you did not labor, nor did you make it grow, which came into being in a night, and perished in a night. And should not I pity Nin’evéh, that great city, in which there are more than a hundred and twenty thousand persons who do not know their right hand from their left, and also much cattle?”



- Watch the livestream at www.stmichaelscathedral.com/live
- Tune in to Salt + Light TV! See broadcast schedule at www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at www.archtoronto.org/lectio
- For links to suggested resources and to learn more about the Archdiocese of Toronto's response to COVID-19, please visit: archtoronto.org/covid19

