

Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at
St. Michael's Cathedral Basilica**
65 Bond Street, Toronto ON

Vespers (evening prayer): 7 p.m.
Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



SALT+LIGHT
TELEVISION

Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2020-2021: ***Psalms and Canticles***

The Psalms and Canticles are the songs of the Bible. For 3,000 years, they have given life to the People of God in times of sorrow and joy. On the Cross, Jesus prayed a psalm. Since the earliest days of the Church, the psalms have been at the centre of private prayer and liturgical prayer - in the Mass and in the Liturgy of the Hours prayed throughout the day by priests, deacons, religious and laity. Join us in meditating upon selected psalms during Lectio Divina in 2020-2021.

December 6, 2020
How Great Is Your Name O Lord
Our God
Psalm 8 and Psalm 19:1-7



VESPERS – SECOND SUNDAY OF ADVENT

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.
Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever.
Amen. Alleluia.

HYMN

1. Creator of the stars of night,
Your people's everlasting light,
Jesus Redeemer, save us all,
And hear your servants when they call.
2. Now grieving that the ancient curse
Should doom to death a universe,
You heal all those who need your grace
To save and heal a ruined race.
3. At whose great name, majestic now,
All knees must bend, all hearts must bow;
All things in heaven and earth adore,
And own thee King for evermore,
4. To God the Father, God the Son,
And God the Spirit, Three in One,
Praise, honour, might, and glory be
From age to age eternally.

PSALMODY C = CANTOR A = ALL

Ant. 1 The Lord will come on the clouds of heaven with great power and might, alleluia.

Psalm 110:1-5, 7

C: The Lord's revelation to my Master:
"Sit **on** my right:
your foes I will put be-**neath** your feet."

A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.

C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.

A: The Lord has sworn an oath he will not
change.

"You are a **priest** for ever,
a priest like Melchize-**dek** of old."

C: The Master standing at **your** right hand
will shatter kings in the day of **his** great wrath.

A: He shall drink from the stream **by** the wayside
and therefore he shall lift **up** his head.

C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 1. (repeated by all) The Lord will come on the clouds of heaven with great power and might, alleluia.

Ant. 2 The Lord will come; he is true to his word. If he seems to delay, keep watch for him, for he will surely come, alleluia

Psalm 115

C: Not to us, Lord, not to **us**,
but to your name **give** the glory
for the sake of your love and your **truth**,
lest the heathen say: "Where **is** their God?"

A: But our God is in the **heavens**;
he does what-**ever** he wills.
Their idols are silver and **gold**,
the work of **human** hands.

C: They have mouths by they cannot **speak**;
they have eyes but they **can-not** see;
they have ears but they cannot **hear**;
they have nostrils but they **can-not** smell

A: With their hands they cannot **feel**;
with their feet they **can-not** walk.
No sound comes from their **throats**.
Their makers will come to be like them
and so will all who **trust** in them.

C: Sons of Israel, trust in the **Lord**;
he is their help **and** their shield.
Sons of Aaron, trust in the **Lord**;
he is their help **and** their shield.

A: You who fear him, trust in the **Lord**;
he is their help **and** their shield.
He remembers us, and he will **bless us**;
he will bless the sons of Israel.
He will bless the **sons** of Aaron.

C: The Lord will bless those who **fear** him,
the little no less **than** the great:
to you may the Lord grant **increase**,
to you and **all** your children.

A: May you be blessed by the **Lord**,
the maker of hea-**ven** and earth.
The heavens belong to the **Lord**
but the earth he has **giv-en** to men.

C: The dead shall not praise the **Lord**,
nor those who go down in-**to** the silence.
But we who live bless the **Lord**
now and fore-**ver**. Amen.

A: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

C: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 2 (repeated by all) The Lord will come; he is true to his word. If he seems to delay, keep watch for him, for he will surely come, alleluia

Ant. 3 The Lord our king and lawgiver will come to save us.

Canticle: See Revelation 19:1-7

Alleluia.
Salvation, glory, and power to our God:
R/ Alleluia.
his judgments are honest and true.
R/ Alleluia, alleluia.

Alleluia.
Sing praise to our God, all you his servants,
R/ Alleluia.
all who worship him reverently, great and small.
R/ Alleluia, alleluia.

Alleluia.
The Lord our all-powerful God is King,
R/ Alleluia.

let us rejoice, sing praise, and give him glory.
R/ Alleluia, alleluia.

Alleluia.
The wedding feast of the Lamb has begun,
R/ Alleluia.
and his bride is prepared to welcome him.
R/ Alleluia, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:
R/ Alleluia.
as it was in the beginning, is now,
and will be for ever. Amen.
R/ Alleluia, alleluia.

Ant. 3 (repeated by all) The Lord our king and lawgiver will come to save us.

READING – Philippians 4:4-5

Rejoice in the Lord always! I say it again. Rejoice! Everyone should see how unselfish you are. The Lord is near.

RESPONSORY

Lord, show us your mercy and love.

R/ Lord, show us your mercy and love.

And grant us your salvation

R/ your mercy and love.

Glory to the Father and to the Son and to the Holy Spirit.

R/ Lord, show us your mercy and love.

CANTICLE OF MARY

Ant. Blessed are you, O Virgin Mary, for your great faith; all that the Lord promised you will come to pass through you, alleluia.

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|----|---|----|--|
| C: | My + soul proclaims the greatness of the Lord, †
my spirit rejoices in God my Savior *
for he has looked with favor on his lowly servant. | A: | He has filled the hungry with good things, *
and the rich he has sent away empty. |
| A: | From this day all generations will call me blessed: †
the Almighty has done great things for me, *
and holy is his Name. | C: | He has come to the help of his servant Israel *
for he has remembered his promise of mercy, |
| C: | He has mercy on those who fear him *
in every generation. | A: | the promise he made to our fathers, *
to Abraham and his children for ever. |
| A: | He has shown the strength of his arm, *
he has scattered the proud in their conceit. | C: | Glory to the Father, and to the Son, *
and to the Holy Spirit: |
| C: | He has cast down the mighty from their thrones, *
and has lifted up the lowly. | A: | as it was in the beginning, is now, *
and will be for ever. Amen. |

Ant. (repeated by all) Blessed are you, O Virgin Mary, for your great faith; all that the Lord promised you will come to pass through you, alleluia.

INTERCESSIONS

Cardinal: The world was created by the Word of God, re-created by his redemption, and it is continually renewed by his love. Rejoicing in him we call out: **R/ Renew the wonders of your love, Lord.**

Reader: We give thanks to God whose power is revealed in nature, and whose providence is revealed in history. **R/ Renew the wonders of your love, Lord.**

Reader: Through your Son, the herald of reconciliation, the victor of the cross, free us from empty fear and hopelessness. **R/ Renew the wonders of your love, Lord.**

Reader: May all those who love and pursue justice, work together without deceit to build a world of true peace. **R/ Renew the wonders of your love, Lord.**

Reader: Be with the oppressed, free the captives, console the sorrowing, feed the hungry, strengthen the weak, in all people reveal the victory of your cross. **R/ Renew the wonders of your love, Lord.**

Reader: After your Son's death and burial you raised him up again in glory, grant that the faithful departed may live with him. **R/ Renew the wonders of your love, Lord.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: Father, your love for us
surpasses all our hopes and desires.
Forgive our failings,
keep us in your peace
and lead us in the way of salvation.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.
R/ And with your spirit.
Cardinal: Blessed be the Name of the Lord
R/ Now and forever
Cardinal: Our help is in the Name of the Lord
R/ Who made heaven and earth
Cardinal: And may Almighty God bless you...

SALVE REGINA

Salve, Regina, Mater misericordiæ, vita, dulcedo, et spes nostra, salve.
Ad te clamamus exsules filii Hevæ,
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.
Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte;
Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

LECTIO DIVINA

How Great is Your Name, O Lord, Our God

Psalm 8

How great is your name, O LORD, our God,
through all the earth!

Your majesty is praised above the heavens;
on the lips of children and of babes
you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your
hands,
the moon and the stars which you arranged,
what is man that you should keep him in
mind,
mortal man that you care for him?

Yet you have made him little less than a god,
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

How great is your name, O LORD, our God,
through all the earth!

Psalm 19

The heavens proclaim the glory of God
and the firmament shows forth the work of his
hands.

Day unto day takes up the story
and night unto night makes known the
message.

No speech, no word, no voice is heard
yet their span goes forth through all the earth
their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from
his tent,
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course.
There is nothing concealed from its burning
heat.

DATES FOR 2020-2021:

Psalm*s* and Canticles

January 3, 2021

In Life's Struggle: Despair and Trust

Psalm 13 and Psalm 11

February 7, 2021

A Life of Honour

Psalm 15 and Psalm 112

March 7, 2021

My God, My God

Psalm 22

April 11, 2021

With My God I Can Scale Any Wall

Psalm 18:1-30

May 2, 2021

A Canticle of Triumph

Through Sorrow

Tobit 13:1-8

June 6, 2021

The Majesty of God

Psalm 29 and Psalm 150



- Watch the livestream at www.stmichaelscathedral.com/live
- Join via video conferencing at a local parish.
Get details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV. See schedule at www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at www.archtoronto.org/lectio



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