

Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at
St. Michael's Cathedral Basilica**
65 Bond Street, Toronto ON

Vespers (evening prayer): 7 p.m.
Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



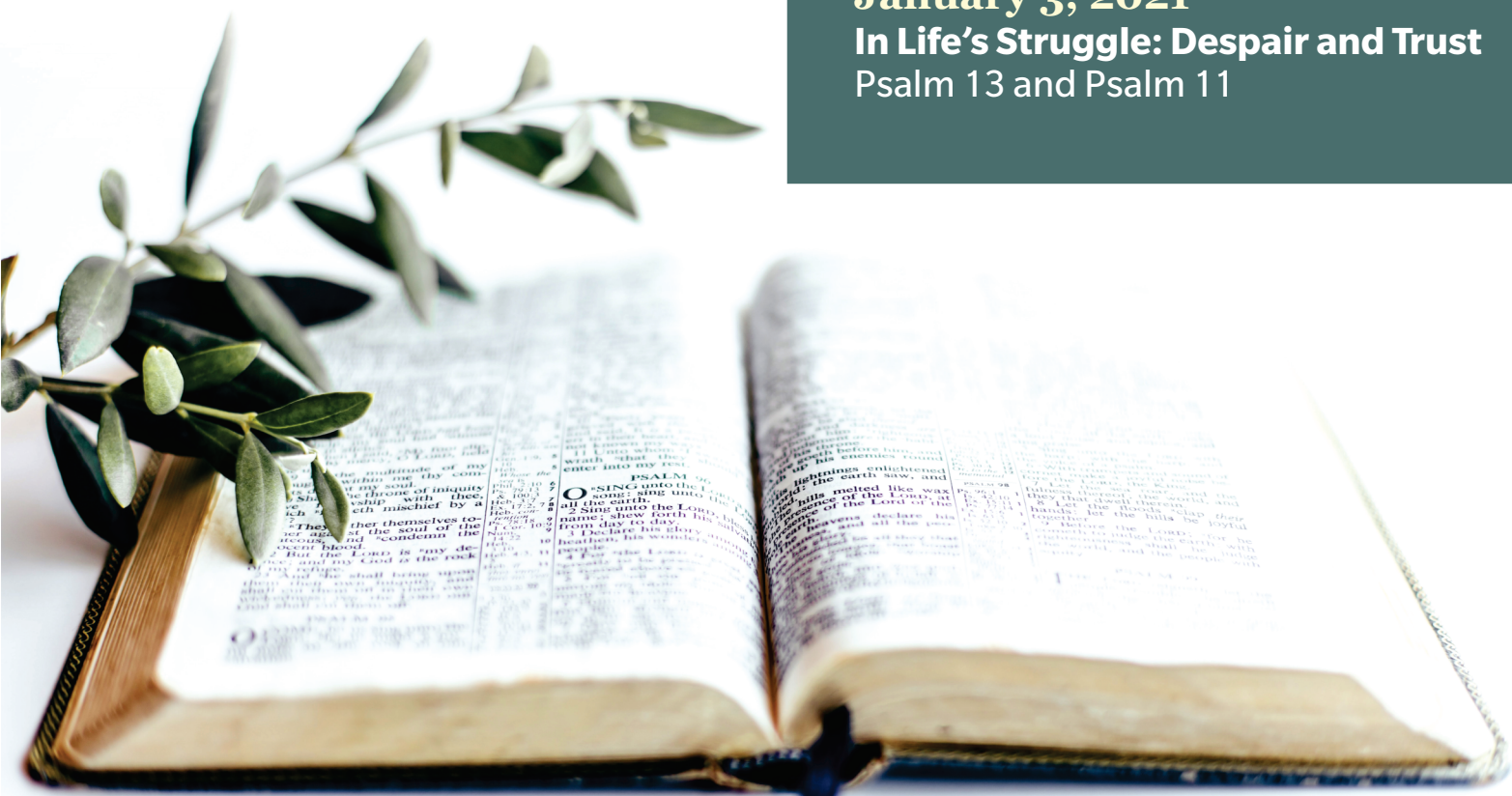
SALT+LIGHT
TELEVISION

Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2020-2021: ***Psalms and Canticles***

The Psalms and Canticles are the songs of the Bible. For 3,000 years, they have given life to the People of God in times of sorrow and joy. On the Cross, Jesus prayed a psalm. Since the earliest days of the Church, the psalms have been at the centre of private prayer and liturgical prayer - in the Mass and in the Liturgy of the Hours prayed throughout the day by priests, deacons, religious and laity. Join us in meditating upon selected psalms during Lectio Divina in 2020-2021.

January 3, 2021
In Life's Struggle: Despair and Trust
Psalm 13 and Psalm 11



SUNDAY VESPERS - EPIPHANY OF THE LORD

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

1. What child is this, who, laid to rest,
On Mary's lap is sleeping?
Whom angels greet with anthems sweet,
While shepherds watch are keeping?
This, this is Christ the King,
Whom shepherds guard and angels sing:
Haste, haste to bring him laud,
The Babe, the Son of Mary.

2. Why lies he in such mean estate,
Where ox and ass are feeding?
Good Christian, fear, for sinners here
The silent Word is pleading.

Nails, spear, shall pierce him through,
The cross be borne for me, for you:
Hail, hail, the Word made flesh,
The Babe, the Son of Mary.

3. So bring him incense, gold and myrrh,
Come, peasant, king, to own him;
The King of kings salvation brings
Let loving hearts enthrone him.
Raise, raise the song on high,
The virgin sings her lullaby:
Joy, joy, for Christ is born,
The Babe, the Son of Mary.

PSALMODY C = CANTOR A = ALL

Ant. 1 He comes in splendour, the King who **is** our peace; he is supreme over all the kings **of** the earth.

Psalm 110:1-5, 7

C: The Lord's revelation to my Master:
"Sit **on** my right:
your foes I will put be-**neath** your feet."

A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.

C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.

A: The Lord has sworn an oath he will not
change.
"You are a **priest** for ever,
a priest like Melchize-**dek** of old."

C: The Master standing at **your** right hand
will shatter kings in the day of **his** great wrath.

A: He shall drink from the stream **by** the wayside
and therefore he shall lift **up** his head.

C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 1 (repeated by all) He comes in splendour, the King who **is** our peace; he is supreme over all the kings **of** the earth.

Ant. 2. A light has shone through the darkness for the upright of **heart**; the Lord is gracious, merci-**ful** and just.

Psalm 112

C: Happy the man who fears the **Lord**,
who takes delight in **his** commands.
His sons will be powerful on **earth**;
the children of the up-**right** are blessed.

A: Riches and wealth are in his **house**;
his justice stands **firm** for ever
He is a light in the darkness for the **upright**:
he is generous, merci-**ful** and just.

C: The good man takes pity and **lends**,
he conducts his af-**fairs** with honor.
The just man will never **waver**:
he will be remem-**bered** for ever.

A: He has no fear of evil **news**;
with a firm heart he trusts **in** the Lord.
With a steadfast heart he will not **fear**;
he will see the downfall **of** his foes.

C: Open-handed, he gives to the poor;
his justice stands firm for **ever**.
His head will be **raised** in glory.

A: The wicked man sees and is angry,
grinds his teeth and fades a-**way**;
the desire of the wicked **leads** to doom.

C: Glory to the Father and to the **Son**
and to the **Holy** Spirit,

A: as it was in the be-**ginning**,
is now and will be fore-**ver**. Amen.

Ant. 2 (repeated by all) A light has shone through the darkness for the upright of **heart**; the Lord is gracious, merci-**ful** and just.

Ant. 3 All the people, whom you have made, will come and worship before you, Lord.

Canticle: See Revelation 19:1-7

Alleluia.

Salvation, glory, and power to our God:

R/ Alleluia.

his judgments are honest and true.

R/ Alleluia, alleluia.

Alleluia.

Sing praise to our God, all you his servants,

R/ Alleluia.

all who worship him reverently, great and small.

R/ Alleluia, alleluia.

Alleluia.

The Lord our all-powerful God is King,

R/ Alleluia.

let us rejoice, sing praise, and give him glory.

R/ Alleluia, alleluia.

Alleluia.

The wedding feast of the Lamb has begun,

R/ Alleluia.

and his bride is prepared to welcome him.

R/ Alleluia, alleluia.

Alleluia.

Glory to the Father, and to the Son,

and to the Holy Spirit:

R/ Alleluia.

as it was in the beginning, is now,

and will be for ever. Amen.

R/ Alleluia, alleluia.

Ant. 3 (repeated by all) All the people, whom you have made, will come and worship before you, Lord.

READING – Titus 3:4-5

But when the kindness and generous love of God our savior appeared, not because of any righteous deeds we had done but because of his mercy, he saved us through the bath of rebirth and renewal by the Holy Spirit.

RESPONSORY

All peoples will be blessed in him, men and women of every race.

R/ All peoples will be blessed in him, men and women of every race.

All nations will acclaim his glory,

R/ Men and women of every race.

Glory to the Father and to the Son and to the Holy Spirit.

R/ All peoples will be blessed in him, men and women of every race.

CANTICLE OF MARY

Ant. Three mysteries mark this holy day: today the star leads the Magi to the infant Christ; today water is changed into wine for the wedding feast; today Christ wills to be baptized by John in the river Jordan to bring us salvation.

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|----|---|---|
| C: | My + soul proclaims the greatness of the Lord, † my spirit rejoices in God my Savior * for he has looked with favor on his lowly servant. | thrones, * and has lifted up the lowly. |
| A: | From this day all generations will call me blessed: † the Almighty has done great things for me, * and holy is his Name. | A: He has filled the hungry with good things, * and the rich he has sent away empty. |
| C: | He has mercy on those who fear him * in every generation. | C: He has come to the help of his servant Israel * for he has remembered his promise of mercy, |
| A: | He has shown the strength of his arm, * he has scattered the proud in their conceit. | A: the promise he made to our fathers, * to Abraham and his children for ever. |
| C: | He has cast down the mighty from their | C: Glory to the Father, and to the Son, * and to the Holy Spirit: |
| | | A: as it was in the beginning, is now, * and will be for ever. Amen. |

Ant. (repeated by all) Three mysteries mark this holy day: today the star leads the Magi to the infant Christ; today water is changed into wine for the wedding feast; today Christ wills to be baptized by John in the river Jordan to bring us salvation.

INTERCESSIONS

Cardinal: Today, our Savior was adored by the Magi. Let us also worship him with joy as we pray:
Save the poor, O Lord.

R/ Save the poor, O Lord.

Reader: King of the nations, you called the Magi to adore you as the first representatives of the nations, give us a willing spirit of adoration and service. **R/ Save the poor, O Lord.**

Reader: King of glory, you judge your people with justice, grant mankind an abundant measure of peace. **R/ Save the poor, O Lord.**

Reader: King of ages, you endure from age to age, send your word as fresh spring rain falling on our hearts. **R/ Save the poor, O Lord.**

Reader: King of justice, you desire to free the poor who have no advocate, be compassionate to the suffering and the afflicted. **R/ Save the poor, O Lord.**

Reader: Lord, your name is blessed for all ages, show the wonders of your saving power to our deceased brothers and sisters. **R/ Save the poor, O Lord.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: Father,
you revealed your Son to the nations
by the guidance of a star.
Lead us to your glory in heaven
by the light of faith.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.
R/ And with your spirit.
Cardinal: Blessed be the Name of the Lord
R/ Now and forever
Cardinal: Our help is in the Name of the Lord
R/ Who made heaven and earth
Cardinal: And may Almighty God bless you...

SALVE REGINA

Salve, Regina, Mater misericordiæ, vita, dulcedo, et spes nostra, salve.
Ad te clamamus exsules filii Hevæ,
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.
Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte;
Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Lectio Divina

In Life's Struggle: Despair and Trust

Psalm 13

How long, O LORD, will you forget me?
How long will you hide your face?
How long must I bear grief in my soul,
this sorrow in my heart day and night?
How long shall my enemy prevail?

Look at me, answer me, LORD my God!
Give light to my eyes lest I fall asleep in death,
lest my enemy say: "I have overcome him";
lest my foes rejoice to see my fall.

As for me, I trust in your merciful love.
Let my heart rejoice in your saving help:
Let me sing to the LORD for his goodness to me,
singing psalms to the name of the LORD, the
Most High .

Psalm 11

In the LORD I have taken my refuge.
How can you say to my soul:
"Fly like a bird to its mountain;

See the wicked bracing their bow,
they are fixing their arrows on the string,
to shoot upright men in the dark.
Foundations once destroyed, what can the just
do"?

The LORD is in his holy temple,
the LORD, whose throne is in heaven.
His eyes look down on the world;
his gaze test mortal men.

The LORD tests the just and the wicked:
the lover of violence he hates.
He sends fire and brimstone on the wicked;
he sends a scorching wind as their lot.

The LORD is just and loves justice:
the upright shall see his face.

DATES FOR 2020-2021:

Psalms *and* Canticles

February 7, 2021

A Life of Honour

Psalm 15 and Psalm 112

March 7, 2021

My God, My God

Psalm 22

April 11, 2021

With My God I Can Scale Any Wall

Psalm 18:1-30

May 2, 2021

A Canticle of Triumph

Through Sorrow

Tobit 13:1-8

June 6, 2021

The Majesty of God

Psalm 29 and Psalm 150



- Watch the livestream at www.stmichaelscathedral.com/live
- Join via video conferencing at a local parish.
Get details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV. See schedule at
www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at
www.archtoronto.org/lectio



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