

# Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at  
St. Michael's Cathedral Basilica**  
65 Bond Street, Toronto ON

**Vespers (evening prayer): 7 p.m.**  
**Lectio Divina: 7:30 to 8:15 p.m.**



Archdiocese  
of Toronto



Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

**THEME FOR 2020-2021:**

## ***Psalms and Canticles***

The Psalms and Canticles are the songs of the Bible. For 3,000 years, they have given life to the People of God in times of sorrow and joy. On the Cross, Jesus prayed a psalm. Since the earliest days of the Church, the psalms have been at the centre of private prayer and liturgical prayer - in the Mass and in the Liturgy of the Hours prayed throughout the day by priests, deacons, religious and laity. Join us in meditating upon selected psalms during Lectio Divina in 2020-2021.

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**November 1, 2020**  
**Anxiety in the Night**  
Psalm 6



## VESPERS – THE SOLEMNITY OF ALL SAINTS

### INTRODUCTION

**Cardinal:** God, + come to my assistance.

**All:** Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

### HYMN

1. For all the saints who from their labours rest,  
Who thee by faith before the world confessed,  
Thy name, O Jesus, be for ever blest:  
Alleluia, alleluia!

2. Thou wast their rock, their fortress and their might;  
Thou, Lord, their captain in the well-fought fight;  
Thou in the darkness drear their one true light:  
Alleluia, alleluia!

3. O blest communion, fellowship divine!  
We feebly struggle, they in glory shine;  
Yet all are one in thee, for all are thine:  
Alleluia, alleluia!

4. But, lo, there breaks a yet more glorious day;  
The saints triumphant rise in bright array:  
The King of glory passes on his way:  
Alleluia, alleluia!

### PSALMODY C = CANTOR A = ALL

**Ant. 1** I saw a vast crowd of countless numbers from **every** nation, standing **before** the throne.

#### *Psalm 110:1-5, 7*

C: The Lord's revelation to my Master:  
"Sit **on** my right:  
your foes I will put be-**neath** your feet."

A: The Lord will wield from Zion  
your scep-**ter** of power:  
rule in the midst of **all** your foes.

C: A prince from the day of your birth  
on the **holy** mountains;  
from the womb before the dawn **I** begot you.

A: The Lord has sworn an oath he will not  
change.  
"You are a **priest** for ever,

a priest like Melchize-**dek** of old."

C: The Master standing at **your** right hand  
will shatter kings in the day of **his** great  
wrath.

A: He shall drink from the stream **by** the  
wayside  
and therefore he shall lift **up** his head.

C: Glory to the Father and **to** the Son  
and to the **Holy** Spirit,

A: as it was in **the** beginning,  
is now and will be fore-**ver**. Amen.

**Ant. 1. (repeated by all)** I saw a vast crowd of countless numbers from **every** nation, standing **before** the throne.

**Ant. 2** God tried them and found them worth of **himself**; they shall receive a crown of glory **from** the Lord.

*Psalm 116:10-19*

C: I trusted, even when I **said**:  
“I am **sorely** afflicted,”  
and when I said in my **a-larm**:  
“No man **can** be trusted.”

A: Your servant, Lord, your servant am **I**;  
you have loo-**sened** my bonds.  
A thanksgiving sacrifice I **make**:  
I will call **on** the Lord’s name.

A: How can I repay the **Lord**  
for his good-**ness** to me?  
The cup of salvation I will **raise**;  
I will call **on** the Lord’s name.

C: My vows to the Lord I will ful-**fill**  
before **all** his people.  
in the courts of the house of the **Lord**,  
in your midst, **O** Jerusalem.

C: My vows to the Lord I will ful-**fill**  
before **all** his people.  
O precious in the eyes of the **Lord**  
is the death **of** his faithful.

A: Glory to the Father and to the **Son**  
and to the **Holy** Spirit,

C: as it was in the be-**ginning**,  
is now and will be fore-**ver**. Amen.

**Ant. 2** (repeated by all) God tried them and found them worth of **himself**; they shall receive a crown of glory **from** the Lord.

**Ant. 3** By your own blood, Lord, you brought us **back** to God; from every tribe and tongue, and people and nation, you made us a kingdom **for** our God.

*Canticle: See Revelation 4:11; 5-9, 10,12*

C: O Lord our God, **you** are worthy  
to receive glory and ho-**nour** and power.

C: You made of them a kingdom,  
and priests to **serve** our God,  
and they shall reign **on** the earth.

A: For you have crea-**ted** all things;  
by your will they came to be **and** were made.

A: Worthy is the Lamb that was slain  
to receive po-**wer** and riches,  
wisdom and strength,  
honour and glo-**ry** and praise.

C: Worthy are **you**, O Lord,  
to receive the scroll and break **open** its seals.

A: For you were slain;  
with your blood you **purchased** for God  
men of every race and tongue,  
of every peo-**ple** and nation.

C: Glory to the Father and **to** the Son  
and to the **Holy** Spirit,

A: as it was in **the** beginning,  
is now and will be fore-**ver**. Amen.

**Ant. 3** (repeated by all) By your own blood, Lord, you brought us **back** to God; from every tribe and tongue, and people and nation, you made us a kingdom **for** our God.

**READING – 2 Corinthians 6: 16b; 7:1**

You are the temple of the living God, just as God has said: “I will dwell with them and walk among them. I will be their God and they shall be my people.” Since we have these promises, beloved, let us purify ourselves from every defilement of flesh and spirit, and in the fear of God strive to fulfill our consecration perfectly.

## RESPONSORY

Let the saints rejoice in the Lord.

**R/ Let the saints rejoice in the Lord.**

God has chosen you as his own;

**R/ rejoice in the Lord.**

Glory to the Father and to the Son and to the Holy Spirit.

**R/ Let the saints rejoice in the Lord.**

## CANTICLE OF MARY

**Ant.** How glorious is that kingdom where all the saints rejoice with Christ; clothed in white robes, they follow the Lamb wherever he goes.

C: My + soul proclaims the greatness of the Lord, †  
my spirit rejoices in God my Savior \*  
for he has looked with favor on his lowly servant.

A: From this day all generations will call me blessed: †  
the Almighty has done great things for me, \*  
and holy is his Name.

C: He has mercy on those who fear him \*  
in every generation.

A: He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

C: He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

A: He has filled the hungry with good things, \*  
and the rich he has sent away empty.

C: He has come to the help of his servant Israel \*  
for he has remembered his promise of mercy,

A: the promise he made to our fathers, \*  
to Abraham and his children for ever.

C: Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

A: as it was in the beginning, is now, \*  
and will be for ever. Amen.

**Ant. (repeated by all)** How glorious is that kingdom where all the saints rejoice with Christ; clothed in white robes, they follow the Lamb wherever he goes.

## INTERCESSIONS

**Cardinal:** God is the reward of all the saints. Let us joyfully call upon him: Lord, save your people.

**R/ Lord, save your people.**

**Reader:** O God, through your Son Jesus Christ you built your Church on the foundation of the apostles, keep their teaching secure among your faithful people. **R/ Lord, save your people.**

**Reader:** You made the martyrs powerful witnesses even to the point of giving up their lives, help all Christians to give faithful witness to your Son. **R/ Lord, save your people.**

**Reader:** You gave holy virgins the gift of imitating the virginity of Christ, may those consecrated to virginity be steadfast witnesses to the coming of your kingdom. **R/ Lord, save your people.**

**Reader:** Your saints now see you face to face, keep alive in our hearts the hope of coming at last into your presence. **R/ Lord, save your people.**

**Reader:** Bring all who have died into the company of heaven with Mary, Joseph and all your saints, and give us also a place in the unending fellowship of your kingdom. **R/ Lord, save your people.**

### THE LORD'S PRAYER

**Cardinal:** Let us pray with confidence in the words that Jesus taught us.  
Our Father...

### CLOSING PRAYER

**Cardinal:** Almighty ever-living God,  
by whose gift we venerate in one celebration  
the merits of all the Saints,  
bestow on us, we pray,  
through the prayers of so many intercessors,  
and abundance of the reconciliation with you  
for which we earnestly long.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity  
of the Holy Spirit, one God, for ever and ever.

**All: Amen**

### PONTIFICAL BLESSING

**Cardinal:** The Lord be with you.  
**R/ And with your spirit.**  
**Cardinal:** Blessed be the Name of the Lord  
**R/ Now and forever**  
**Cardinal:** Our help is in the Name of the Lord  
**R/ Who made heaven and earth**  
**Cardinal:** And may Almighty God bless you...

### SALVE REGINA

Salve Regina, Mater Misericordiae, vita, dulcedo, et spes nostra, salve.  
Ad te clamamus exules filii Hevae, Ad te suspiramus, gementes et flentes in hac lacrimarum valle.  
Eia, ergo, advocate nostra, illos tuos misericordes oculos ad nos converte;  
Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende.  
O Clemens, O pia, O dulcis Virgo Maria.

**LECTIO DIVINA**  
**ANXIETY IN THE NIGHT**  
**Psalm 6**

LORD, do not reprove me in your anger,  
punish me not in your rage.

Have mercy on me, LORD, I have no strength;  
LORD, heal me, my body is racked;  
my soul is racked with pain.

But you, O LORD... how long?  
Return, LORD, rescue my soul.  
Save me in your merciful love;  
for in death no one remembers you;  
from the grave, who can give you praise?

I am exhausted with my groaning;  
every night I drench my pillow with tears;  
I bedew my bed with weeping.  
My eye wastes away with grief,  
I have grown old surrounded by my foes.

Leave me, all you who do evil;  
for the LORD has heard my weeping.  
The LORD has heard my plea;  
the LORD will accept my prayer.  
All my foes will retire in confusion,  
foiled and suddenly confounded.

**DATES FOR 2020-2021:**

# **Psalms *and* Canticles**

**December 6, 2020**

**How Great Is Your Name O Lord  
Our God**

Psalms 8 and Psalm 19:1-7

**January 3, 2021**

**In Life's Struggle: Despair and Trust**

Psalms 13 and Psalm 11

**February 7, 2021**

**A Life of Honour**

Psalms 15 and Psalm 112

**March 7, 2021**

**My God, My God**

Psalm 22

**April 11, 2021**

**With My God I Can Scale Any Wall**

Psalm 18:1-30

**May 2, 2021**

**A Cantic of Triumph**

**Through Sorrow**

Tobit 13:1-8

**June 6, 2021**

**The Majesty of God**

Psalms 29 and Psalm 150





- Watch the livestream at [www.stmichaelscathedral.com/live](http://www.stmichaelscathedral.com/live)
- Join via video conferencing at a local parish.  
Get details at [www.archtoronto.org/lectio](http://www.archtoronto.org/lectio)
- Tune in to Salt + Light TV. See schedule at [www.saltandlighttv.org/lectiodivina](http://www.saltandlighttv.org/lectiodivina)
- Catch up on past reflections and learn more about Lectio Divina at [www.archtoronto.org/lectio](http://www.archtoronto.org/lectio)



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