

Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at
St. Michael's Cathedral Basilica**
65 Bond Street, Toronto ON

Vespers (evening prayer): 7 p.m.
Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2020-2021: ***Psalms and Canticles***

The Psalms and Canticles are the songs of the Bible. For 3,000 years, they have given life to the People of God in times of sorrow and joy. On the Cross, Jesus prayed a psalm. Since the earliest days of the Church, the psalms have been at the centre of private prayer and liturgical prayer - in the Mass and in the Liturgy of the Hours prayed throughout the day by priests, deacons, religious and laity. Join us in meditating upon selected psalms during Lectio Divina in 2020-2021.

October 4, 2020
The Two Ways
Psalm 1



VESPERS – TWENTY-SEVENTH SUNDAY

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

1. O blest Creator of the light,
Who mak'st the day with radiance bright,
And o'er the forming world didst call
The light from chaos first of all;
2. Whose wisdom joined in meet array
The morn and eve, and named them Day:
Night comes with all its darkling fears;
Regard thy people's prayers and tears.
3. Lest, sunk in sin, and whelm'd with strife,
They lose the gift of endless life;
While thinking but the thoughts of time,
They weave new chains of woe and crime.
4. But grant them grace that they may strain
The heav'nly gate and prize to gain:
Each harmful lure aside to cast,
And purge away each error past.

PSALMODY C = CANTOR A = ALL

Ant. 1 The Lord said to my Master: Sit at my right hand, alleluia.

Psalm 110:1-5, 7

- C: The Lord's revelation to my Master: a priest like Melchize-**dek** of old."
"Sit **on** my right:
your foes I will put be-**neath** your feet."
- A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.
- C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.
- A: The Lord has sworn an oath he will not
change.
"You are a **priest** for ever,
- C: The Master standing at **your** right hand
will shatter kings in the day of **his** great
wrath.
- A: He shall drink from the stream **by** the
wayside
and therefore he shall lift **up** his head.
- C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,
- A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 1. (repeated by all) The Lord said to my Master: Sit at my right hand, alleluia.

Ant. 2 Our compassionate Lord has left us a memorial of his wonderful work, alleluia.

Psalm 111

- C: I will thank the Lord with all my **heart**
in the meeting of the just and **their**
assembly.
- Great are the works of the **Lord**;
to be pondered by **all** who love them.

A: Majestic and glorious his **work**,
his justice stands **firm** for ever.
He makes us remember his **wonders**.
The Lord is compas-**sion** and love.C:

C: He gives food to those who **fear him**;
keeps his covenant ev-**er** in mind.
He has shown his might to his **people**
by giving them the lands **of** the nations.

A: His works are justice and **truth**:
his precepts are **all of** them sure,
standing firm for ever and **ever**:
they are made in upright-**ness** and truth.

C: He has sent deliverance to his people
and established his covenant for **ever**.
Holy his name, **to** be feared.

A: To fear the Lord is the first stage of
wisdom;
all who do so prove themselves **wise**.
His praise shall **last** for ever!

C: Glory to the Father and to the **Son**
and to the **Ho-ly** Spirit,

A: as it was in the be-**ginning**,
is now and will be fore-**ver**. **Amen**.

Ant. 2 (repeated by all) Our compassionate Lord has left us a memorial of his wonderful work,
alleluia.

Ant. 3 All power is yours, Lord God, our mighty King, alleluia.

Canticle: See Revelation 19:1-7

Alleluia.

Salvation, glory, and power to our God:

R/ Alleluia.

his judgments are honest and true.

R/ Alleluia, alleluia.

Alleluia.

Sing praise to our God, all you his servants,

R/ Alleluia.

all who worship him reverently, great and
small.

R/ Alleluia, alleluia.

Alleluia.

The Lord our all-powerful God is King,

R/ Alleluia.

let us rejoice, sing praise, and give him glory.

R/ Alleluia, alleluia.

Alleluia.

The wedding feast of the Lamb has begun,

R/ Alleluia.

and his bride is prepared to welcome him.

R/ Alleluia, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:

R/ Alleluia.

as it was in the beginning, is now,
and will be for ever. Amen.

R/ Alleluia, alleluia.

Ant. 3 (repeated by all) All power is yours, Lord God, our mighty King, alleluia.

READING – 1 Peter 1:3-5

Praised be the God and Father of our Lord Jesus Christ, he who in his great mercy gave us new birth; a birth unto hope which draws its life from the resurrection of Jesus Christ from the dead; a birth to an imperishable inheritance, incapable of fading or defilement, which is kept in heaven for you who are guarded with God's power through faith; a birth to a salvation which stands ready to be revealed in the last days.

RESPONSORY

The whole creation proclaims the greatness of your glory.

R/ The whole creation proclaims the greatness of your glory.

Eternal ages praise

R/ the greatness of your glory.

Glory to the Father and to the Son and to the Holy Spirit.

R/ The whole creation proclaims the greatness of your glory.

CANTICLE OF MARY

Ant. Tell yourselves: We are useless servants, for we did only what we should have done.

- | | |
|--|---|
| C: My + soul proclaims the greatness of the
Lord, †
my spirit rejoices in God my Savior *
for he has looked with favor on his lowly
servant. | thrones, *
and has lifted up the lowly.

A: He has filled the hungry with good things, *
and the rich he has sent away empty. |
| A: From this day all generations will call me
blessed: †
the Almighty has done great things for me, *
and holy is his Name. | C: He has come to the help of his servant
Israel *
for he has remembered his promise of
mercy, |
| C: He has mercy on those who fear him *
in every generation. | A: the promise he made to our fathers, *
to Abraham and his children for ever. |
| A: He has shown the strength of his arm, *
he has scattered the proud in their conceit. | C: Glory to the Father, and to the Son, *
and to the Holy Spirit: |
| C: He has cast down the mighty from their | A: as it was in the beginning, is now, *
and will be for ever. Amen. |

Ant. (repeated by all) Tell yourselves: We are useless servants, for we did only what we should have done.

INTERCESSIONS

Cardinal: The world was created by the Word of God, re-created by his redemption, and it is continually renewed by his love. Rejoicing in him we call out:

R/ Renew the wonders of your love, Lord.

Reader: We give thanks to God whose power is revealed in nature, and whose providence is revealed in history. **R/ Renew the wonders of your love, Lord.**

Reader: Through your Son, the herald of reconciliation, the victor of the cross, free us from empty fear and hopelessness. **R/ Renew the wonders of your love, Lord.**

Reader: May all those who love and pursue justice, work together without deceit to build a world of true peace. **R/ Renew the wonders of your love, Lord.**

Reader: Be with the oppressed, free the captives, console the sorrowing, feed the hungry, strengthen the weak, in all people reveal the victory of your cross. **R/ Renew the wonders of your love, Lord.**

Reader: After your Son's death and burial you raised him up again in glory, grant that the faithful departed may live with him. **R/ Renew the wonders of your love, Lord.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: Father, your love for us
surpasses all our hopes and desires.
Forgive our failings,
keep us in your peace
and lead us in the way of salvation.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.

R/ And with your spirit.

Cardinal: Blessed be the Name of the Lord

R/ Now and forever

Cardinal: Our help is in the Name of the Lord

R/ Who made heaven and earth

Cardinal: And may Almighty God bless you...

SALVE REGINA

Salve Regina, Mater Misericordiae, vita, dulcedo, et spes nostra, salve.

Ad te clamamus exsules filii Hevae, Ad te suspiramus, gementes et flentes in hac lacrimarum valle.

Eia, ergo, advocate nostra, illos tuos misericordes oculos ad nos converte;

Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende.

O Clemens, O pia, O dulcis Virgo Maria.

LECTIO DIVINA
THE TWO WAYS
Psalm 1

Happy indeed is the man
 who follows not the counsel of the wicked;
nor lingers in the way of sinners
 nor sits in the company of scorners,
but whose delight is the law of the Lord,
 and who ponders his law day and night.

He is like a tree that is planted
 beside the flowing water,
that yields its fruit in due season,
 and whose leaves shall never fade.
 all that he does shall prosper.
Not so are the wicked, not so!

For they like winnowed chaff
 shall be driven away by the wind.
When the wicked are judged they shall not stand,
 nor find room among those who are just;
for the Lord guards the way of the just,
 but the way of the wicked leads to doom.

DATES FOR 2020-2021:

Psalms *and* Canticles

November 1, 2020

Anxiety in the Night

Psalm 6

December 6, 2020

How Great Is Your Name O Lord

Our God

Psalm 8 and Psalm 19:1-7

January 3, 2021

In Life's Struggle: Despair and Trust

Psalm 13 and Psalm 11

February 7, 2021

A Life of Honour

Psalm 15 and Psalm 112

March 7, 2021

My God, My God

Psalm 22

April 11, 2021

With My God I Can Scale Any Wall

Psalm 18:1-30

May 2, 2021

A Cantic of Triumph

Through Sorrow

Tobit 13:1-8

June 6, 2021

The Majesty of God

Psalm 29 and Psalm 150



- Watch the livestream at www.stmichaelscathedral.com/live
- Join via video conferencing at a local parish.
Get details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV. See schedule at www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at www.archtoronto.org/lectio



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