

Lectio Divina

with **Cardinal Thomas Collins**



**Join us on Sundays at
St. Michael's Cathedral Basilica**
65 Bond Street, Toronto ON

Vespers (evening prayer): 7 p.m.
Lectio Divina: 7:30 to 8:15 p.m.



Archdiocese
of Toronto



Lectio Divina ("divine, or sacred, reading") is a 2,000-year-old spiritual tradition among Christians, in which they attentively and prayerfully read the word of God. We seek to be humbly attentive to God's Holy Word, to savour it, and to let it enter into our heart as much as our heads, so that it may transform us. Lectio Divina is intended to draw us closer to God, and to transform our attitudes and behaviour.

THEME FOR 2020-2021: ***Psalms and Canticles***

The Psalms and Canticles are the songs of the Bible. For 3,000 years, they have given life to the People of God in times of sorrow and joy. On the Cross, Jesus prayed a psalm. Since the earliest days of the Church, the psalms have been at the centre of private prayer and liturgical prayer - in the Mass and in the Liturgy of the Hours prayed throughout the day by priests, deacons, religious and laity. Join us in meditating upon selected psalms during Lectio Divina in 2020-2021.

September 13, 2020

An Invitation to Prayer

Psalm 95



VESPERS – TWENTY-FOURTH SUNDAY

INTRODUCTION

Cardinal: God, + come to my assistance.

All: Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

1. O God beyond all praising, we worship you today
And sing the love amazing that songs cannot repay;
For we can only wonder at ev'ry gift you send,
At blessings without number and mercies without end:
We lift our hearts before you and wait upon your word,
We honour and adore you, our great and mighty Lord.
2. The flow'r of earthly splendour in time must surely die,
Its fragile bloom surrender to you, the Lord most high;
But hidden from all nature the eternal seed is sown,
Though small in mortal stature, to heaven's garden grown:
For Christ the man from heaven from death has set us free,
And we through him are given the final victory.
3. Then hear, O gracious Saviour, accept the love we bring,
That we who know your favour may serve you as our king;
And whether our tomorrows be filled with good or ill,
We'll triumph through our sorrows and rise to bless you still:
To marvel at your beauty and glory in your ways,
And make a joyful duty our sacrifice of praise.

PSALMODY C = CANTOR A = ALL

Ant. 1 In eternal splendour, before the dawn of **light** on earth, I have begotten you, **alleluia**.

Psalm 110:1-5, 7

C: The Lord's revelation to my Master:
"Sit **on** my right:
your foes I will put be-**neath** your feet."

"You are a **priest** for ever,
a priest like Melchize-**dek** of old."

A: The Lord will wield from Zion
your scep-**ter** of power:
rule in the midst of **all** your foes.

C: The Master standing at **your** right hand
will shatter kings in the day of **his** great wrath.

C: A prince from the day of your birth
on the **holy** mountains;
from the womb before the dawn **I** begot you.

A: He shall drink from the stream **by** the wayside
and therefore he shall lift **up** his head.

A: The Lord has sworn an oath he will not
change.

C: Glory to the Father and **to** the Son
and to the **Holy** Spirit,

A: as it was in **the** beginning,
is now and will be fore-**ver**. Amen.

Ant. 1. (repeated by all) In eternal splendour, before the dawn of **light** on earth, I have begotten you, **alleluia**.

Ant. 2 Blessed are they who hunger and thirst for **holiness**; they **will** be satisfied.

Psalm 112

C: Happy the man who fears the **Lord**,
who takes delight in **his** commands.
His sons will be powerful on **earth**;
the children of the **up-right** are blessed.

A: Riches and wealth are in his **house**;
his justice stands **firm** for ever
He is a light in the darkness for the **upright**:
he is generous, merci-**ful** and just.

C: The good man takes pity and **lends**,
he conducts his af-**fairs** with honor.
The just man will never **waver**:
he will be remem-**bered** for ever.

A: He has no fear of evil **news**;

with a firm heart he trusts **in** the Lord.
With a steadfast heart he will not **fear**;
he will see the downfall **of** his foes.

C: Open-handed, he gives to the poor;
his justice stands firm for **ever**.
His head will be **raised** in glory.

A: The wicked man sees and is angry,
grinds his teeth and fades a-**way**;
the desire of the wicked **leads** to doom.

C: Glory to the Father and to the **Son**
and to the **Holy** Spirit,

A: as it was in the be-**ginning**,
is now and will be fore-**ver**. Amen.

Ant. 2 **(repeated by all)** Blessed are they who hunger and thirst for **holiness**; they **will** be satisfied.

Ant. 3 Praise God, all you who serve him, both great and small, alleluia.

Canticle: See Revelation 19:1-7

Alleluia.

Salvation, glory, and power to our God:

R/ Alleluia.

his judgments are honest and true.

R/ Alleluia, alleluia.

Alleluia.

Sing praise to our God, all you his servants,

R/ Alleluia.

all who worship him reverently, great and small.

R/ Alleluia, alleluia.

Alleluia.

The Lord our all-powerful God is King,

R/ Alleluia.

let us rejoice, sing praise, and give him glory.

R/ Alleluia, alleluia.

Alleluia.

The wedding feast of the Lamb has begun,

R/ Alleluia.

and his bride is prepared to welcome him.

R/ Alleluia, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:

R/ Alleluia.

as it was in the beginning, is now,
and will be for ever. Amen.

R/ Alleluia, alleluia.

Ant. 3 **(repeated by all)** Praise God, all you who serve him, both great and small, alleluia.

READING – Hebrews 12:22-24

You have approached Mount Zion and the city of the living God, the heavenly Jerusalem, and countless angels in festal gathering, and the assembly of the firstborn enrolled in heaven, and God the judge of all, and the spirits of the just made perfect, and Jesus, the mediator of a new covenant, and the sprinkled blood that speaks more eloquently than that of Abel.

RESPONSORY

Our Lord is great, mighty is his power.

R/ Our Lord is great, mighty is his power.

His wisdom is beyond compare,

R/ mighty is his power.

Glory to the Father and to the Son and to the Holy Spirit.

R/ Our Lord is great, mighty is his power.

CANTICLE OF MARY

Ant. I say to you: there is great rejoicing among the angels of God over one repentant sinner.

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|----|---|---|
| C: | My + soul proclaims the greatness of the Lord, †
my spirit rejoices in God my Savior *
for he has looked with favor on his lowly servant. | thrones, *
and has lifted up the lowly. |
| A: | From this day all generations will call me blessed: †
the Almighty has done great things for me, *
and holy is his Name. | A: He has filled the hungry with good things, *
and the rich he has sent away empty. |
| C: | He has mercy on those who fear him *
in every generation. | C: He has come to the help of his servant Israel *
for he has remembered his promise of mercy, |
| A: | He has shown the strength of his arm, *
he has scattered the proud in their conceit. | A: the promise he made to our fathers, *
to Abraham and his children for ever. |
| C: | He has cast down the mighty from their | C: Glory to the Father, and to the Son, *
and to the Holy Spirit: |
| | | A: as it was in the beginning, is now, *
and will be for ever. Amen. |

Ant. (repeated by all) I say to you: there is great rejoicing among the angels of God over one repentant sinner.

INTERCESSIONS

Cardinal: Rejoicing in the Lord, from whom all good things come, let us pray, Lord, hear our prayer.

R/ Lord, hear our prayer.

Reader: Father and Lord of all, you sent your Son into the world, that your name might be glorified in every place, strengthen the witness of your Church among the nations. **R/ Lord, hear our prayer.**

Reader: Make us obedient to the teachings of your apostles, and bound to the truth of our faith.
R/ Lord, hear our prayer.

Reader: As you love the innocent, render justice to those who are wronged. **R/ Lord, hear our prayer.**

Reader: Free those in bondage and give sight to the blind, raise up the fallen and protect the stranger.
R/ Lord, hear our prayer.

Reader: Fulfill your promise to those who already sleep in your peace, through your Son grant them a blessed resurrection. **R/ Lord, hear our prayer.**

THE LORD'S PRAYER

Cardinal: Let us pray with confidence in the words that Jesus taught us.
Our Father...

CLOSING PRAYER

Cardinal: Almighty God,
our creator and guide
may we serve you with all our heart
and know your forgiveness in our lives.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

All: Amen

PONTIFICAL BLESSING

Cardinal: The Lord be with you.

R/ And with your spirit.

Cardinal: Blessed be the Name of the Lord

R/ Now and forever

Cardinal: Our help is in the Name of the Lord

R/ Who made heaven and earth

Cardinal: And may Almighty God bless you...

REGINA CAELI

Regina caeli, Laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia,
ora pro nobis Deum, alleluia.

Gaude et Laetare, Virgo Maria, alleluia.
Quia surrexit Dominus Vere, alleluia.

AN INVITATION TO PRAYER

Psalm 95

O come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the Lord is a great God,
and a great King above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it;
for his hands formed the dry land.

O come, let us worship and bow down,
let us kneel before the Lord, our Maker!
For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

O that today you would hearken to his voice!
Harden not your hearts, as at Mer'ibah,
as on the day at Massah in the wilderness,
when your fathers tested me,
and put me to the proof, though they had seen my work.
For forty years I loathed that generation
and said, "They are a people who err in heart,
and they do not regard my ways."
Therefore I swore in my anger
that they should not enter my rest.

DATES FOR 2020-2021:

Psalms *and* Canticles

October 4, 2020

The Two Ways

Psalm 1

November 1, 2020

Anxiety in the Night

Psalm 6

December 6, 2020

**How Great Is Your Name O Lord
Our God**

Psalm 8 and Psalm 19:1-7

January 3, 2021

In Life's Struggle: Despair and Trust

Psalm 13 and Psalm 11

February 7, 2021

A Life of Honour

Psalm 15 and Psalm 112

March 7, 2021

My God, My God

Psalm 22

April 11, 2021

With My God I Can Scale Any Wall

Psalm 18:1-30

May 2, 2021

**A Canticle of Triumph
Through Sorrow**

Tobit 13:1-8

June 6, 2021

The Majesty of God

Psalm 29 and Psalm 150



- Watch the livestream at www.stmichaelscathedral.com/live
- Join via video conferencing at a local parish.
Get details at www.archtoronto.org/lectio
- Tune in to Salt + Light TV. See schedule at
www.saltandlighttv.org/lectiodivina
- Catch up on past reflections and learn more about Lectio Divina at
www.archtoronto.org/lectio



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