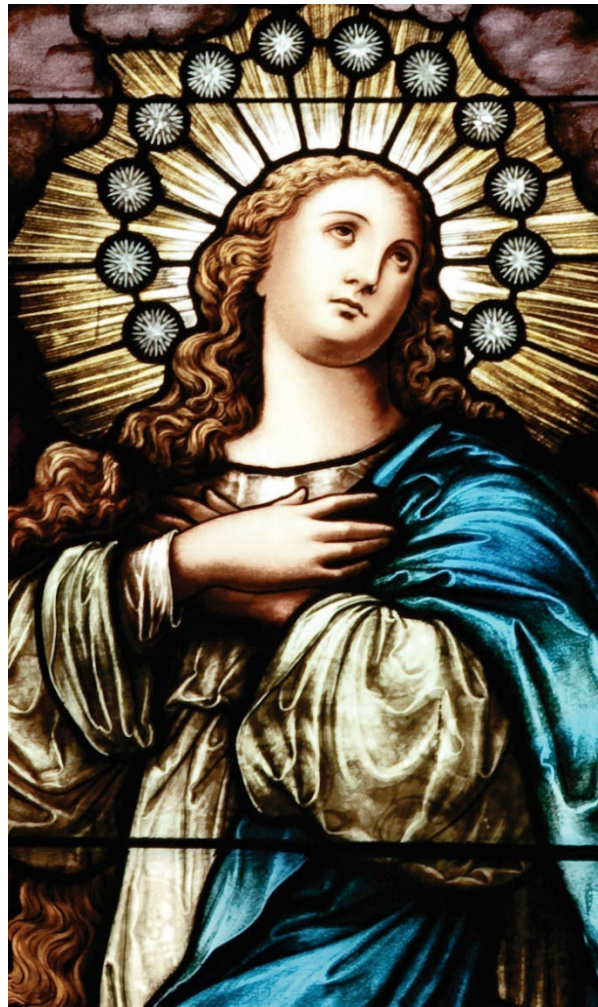




MARIAN TRIDUUM OF THE ANNUNCIATION OF THE LORD



**IN PREPARATION FOR THE FAITHFUL
OF THE ARCHDIOCESE OF TORONTO
FOR THE ACT OF CONSECRATION TO OUR LADY
ON THE SOLEMNITY OF THE ANNUNCIATION OF THE LORD**

DAY ONE

Day 1

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Blessed are those who hear the word of God.
– And cherish it in their hearts.

OPENING PRAYER

Father,
in your plan for our salvation,
your Word became man,
announced by an angel and born of the Virgin Mary.
May we who believe that she is the Mother of God
receive the help of her prayers.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God for ever and ever. Amen.

WORD OF GOD

Luke 1.26-32, 37-38

✝ A reading from the holy Gospel according to Luke.

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, 'Greetings, favoured one! The Lord is with you.' But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, 'Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will call him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. For nothing will be impossible with God.' Then Mary said, 'Here I am, the servant of the Lord; let it be done with me according to your word.' Then the angel departed from her.

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

SILENT REFLECTION

OR

COMMENTARY

From the *General Audience* of Pope Benedict XVI on 19 December 2012.

In the greeting of the Angel Mary is called “full of grace”. In Greek, the term “grace”, *charis*, has the same linguistic root as the word “joy”. In this term too the source of Mary’s exultation is further clarified: her joy comes from grace, that is, from being in communion with God, from having such a vital connection with him, from being the dwelling place of the Holy Spirit, totally fashioned by God’s action. Mary is the creature who opened the door to her Creator in a special way, placing herself in his hands without reserve. She lived entirely *from* and *in* her relationship with the Lord; she was disposed to listen, alert to recognizing the signs of God in the journey of his people; she was integrated into a history of faith and hope in God’s promises with which the fabric of her life was woven. And she submitted freely to the word received, to the divine will in the obedience of faith.

The Evangelist Luke tells Mary’s story by aligning it closely to the history of Abraham. Just as the great Patriarch is the father of believers who responded to God’s call to leave the land in which he lived, to leave behind all that guaranteed his security in order to start out on the journey to an unknown land, assured only in the divine promise, so Mary trusts implicitly in the word that the messenger of God has announced to her, and becomes the model and Mother of all believers.

I would like to emphasize another important point: the opening of the soul to God and to his action in faith also includes an element of obscurity. The relationship of human beings with God does not delete the distance between Creator and creature, it does not eliminate what the Apostle Paul said before the depth of God’s wisdom: “How unsearchable are his judgements and how inscrutable his ways!” (Rom 11:33).

LITANY OF THE IMMACULATE HEART OF MARY

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,
Christ, hear us,

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, graciously hear us.*

God the Father of Heaven,
God the Son, redeemer of the world,
God, the Holy Spirit,
Holy Trinity, one God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Heart of Mary,
Heart of Mary, after God's own Heart,
Heart of Mary, in union with the Heart of Jesus,
Heart of Mary, the vessel of the Holy Spirit,
Heart of Mary, shrine of the Trinity,
Heart of Mary, home of the Word,
Heart of Mary, immaculate in your creation,
Heart of Mary, flooded with grace,
Heart of Mary, blessed of all hearts,
Heart of Mary, Throne of glory,
Heart of Mary, Abyss of humbleness,
Heart of Mary, Victim of love,
Heart of Mary, nailed to the cross,
Heart of Mary, comfort of the sad,
Heart of Mary, refuge of the sinner,
Heart of Mary, hope of the dying,
Heart of Mary, seat of mercy,

pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.

Lamb of God, who takes away the sins of the world,
Lamb of God, who takes away the sins of the world,
Lamb of God, who takes away the sins of the world,

spare us, O Lord.
graciously hear us, O Lord.
have mercy on us.

Christ, hear us,
Lord, have mercy.
Lord, have mercy.

Christ, graciously hear us.
Christ, have mercy.

Immaculate Mary, meek and humble of heart.

Conform our hearts to the
heart of Jesus.

Let us pray:

Lord our God,
you made the Immaculate Heart of the Blessed Virgin Mary
the home of your eternal Word
and the sanctuary of the Holy Spirit.
Give us a heart that is free from sin
and attentive to your will,
that, faithful to your commandments,
we may love you above all things
and seek to help others in their need.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

HAIL MARY

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

CLOSING PRAYER

Father,
you gave the human race eternal salvation
through the motherhood of the Virgin Mary.
May we experience the help of her prayers in our lives,
for through her we have received the very source of life,
your Son, our Lord Jesus Christ,
who lives and reigns with you and the Holy Spirit,
one God for ever and ever. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Acknowledgements

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