

Questions for Personal Reflection

Below are some questions to assist one to prayerfully reflect upon their role as stewards in daily life.

1. How do I spend my time – what activities do I value the most?
2. Do I have talents that I would like to share with my parish community? What would I like to offer?
3. What does the “Sacrament of the Present Moment” look like in my day?
4. Do I take the time to express gratitude to God for the present moment?
5. What does deep stewardship mean to me? How does it influence and inform my parish community?

Using a pie chart, visually reflect:

- How am I sharing my talent with the Church?
 - How am I sharing my time with the Church?
 - How am I sharing my treasure with the Church?
 - How does this division of the pie fit into my overall life?
 - What percentage of time do I devote to sharing my talents throughout the entire day?
6. What do I own and what owns me?
 7. What changes in my life is God calling me to make at this time?
 8. Are there blockages that prevent me from embracing a life of deep stewardship? What might assist me with incorporating stewardship into my life?
 9. Have I ever reflected on the gifts and talents that God has bestowed on me? How is God calling me to share these gifts?
 10. How am I providing the vulnerable with the necessities of life (James 2:15-17)? Do the necessities include more than food, clothing, and shelter? Is there a provision to relieve the pain of social isolation, loneliness, lack of meaning in one’s life?
 11. Who has been an example to me of someone who lives a saintly life, richly engaged in deep stewardship? Can I give thanks for the inspiration and encouragement such an example provides for me?
 12. How can I cultivate an attitude of gratitude towards God and others?