

Look!

Jesus gives us his heart!



Jesus shows us His heart in a way that helps us to know how He loves us and how we can love Him in return.

Reflect on each element of the Sacred Heart, shown on the following page. Why does Jesus choose these symbols?

Now draw your own heart. What will you make it look like as you prepare to give it to Jesus?



The Heart

If someone gave you a card with a heart on it, what would it say to you?

The heart is a symbol of love.

The Sacred Heart of Jesus is a symbol of divine love. It is hidden but it never rests. "As it beats, moment by moment, day by day, year by year, it keeps us alive."



The Cross

On top of the Sacred Heart is a cross. The cross is Jesus' sign. Jesus gave you His Heart when He gave up His life on the cross.

Blood and water flowed from His pierced side.

When Jesus rose from the dead, His heart beat with a new life that was stronger than death.

A life that He shares with you!



The Crown

The Sacred Heart of Jesus is encircled by a crown of thorns.

This crown hurts. This crown is not easy to wear. If we accept the heart that Jesus offers us, if we say "yes" to His Heart and give Him ours in return, we will have a heart that is strong enough to carry our crown of thorns!

We will be able to love as Jesus loves. We will be able to love even when it is hard to do so!

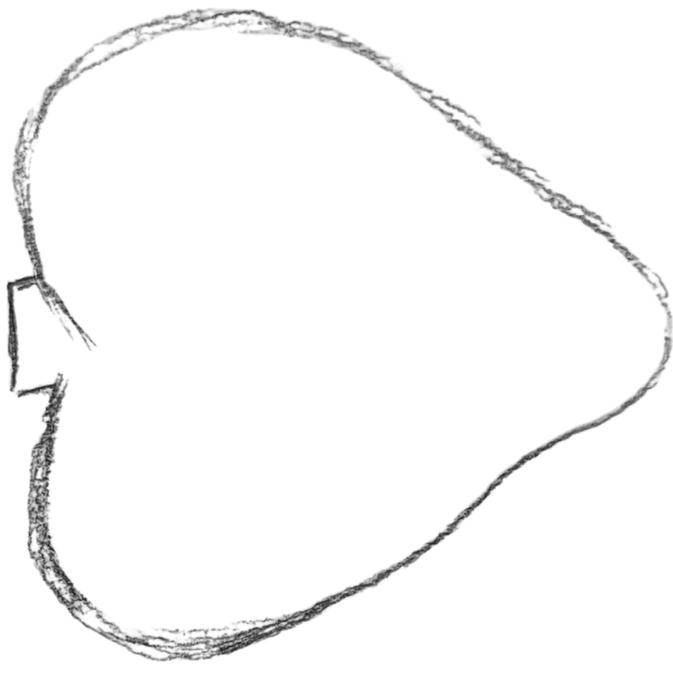
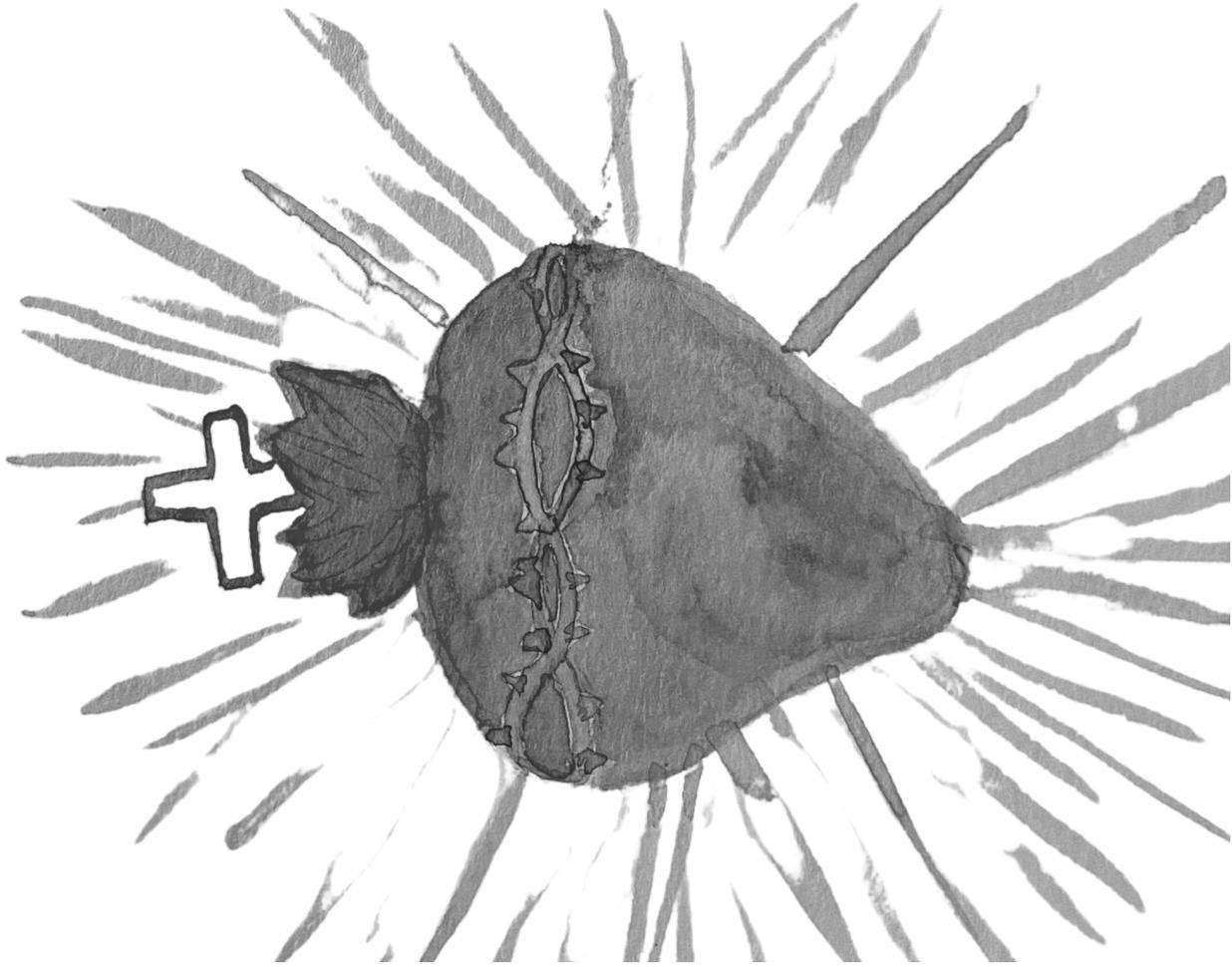


The Flames

The Sacred Heart of Jesus is surrounded by flames. How beautiful it looks! How glorious!

What does fire give us? ...*warmth* and *light* when the world is cold and dark.

Jesus wants you to know that His Heart burns with love for you. How warm and bright, how strong His love must be!



Here is Jesus' Sacred
Heart. He gives it to you!

What will the heart you
offer to Jesus look like?